



## East Bay Intergroup, Inc.

Central Office  
295 27th Street, Oakland, CA 94612

### Office Hours:

Monday-Thursday 9:00 am to  
5:00 pm

Friday 9:00 am to Noon

Saturday 10:00 am to 2:00 pm

Closed Sunday & Holidays

Office Telephone: (510) 839-0709

24 Hour Hot Line: (510) 839-8900

Fax: (510) 839-4951

E-mail: [centraloffice@eastbayaa.org](mailto:centraloffice@eastbayaa.org)

Website: [www.eastbayaa.org](http://www.eastbayaa.org)

### Meeting Legend

*Note: Unless otherwise coded, all meetings are **OPEN**:*

ASL: American Sign Language	MED: Meditation
BB: Big Book	MN: Men's
BC: Birthday Chips	SG: Small Groups
BG: Beginners	SM: Smoking
CC: Closed Caption	SP: Speaker
CN: Candlelight	S/S: Step Study
CF: Child Friendly	WM: Women's
CL: Closed	X-T: Cross Talk
FF: Fragrance Free	YP: Young People's WC:
G/L: Gay and/or Lesbian	Wheelchair Access
GM: Gay	?: Status in doubt - no
LW: Lesbian	recent contact.
LD: Literature Discussion	

### Suggestions For Newcomers

1. Go to meetings. Check out various ones. Always know the time and place of your next meeting and don't drink before it starts. As a new member, many AA's recommend you go to 90 meetings in 90 days.
2. Get phone numbers. Use the back of this schedule. Get numbers and use them **before** you take the first drink.
3. Listen for the similarities. Most of us tend to be critical. Instead, listen for people who have felt what you have. Hear the message in their stories.
4. Get a Big Book. Our program is written in the first 164 pages.
5. Pick a regular meeting (home group) and ask for a service commitment. Even a minor contribution will help you feel a part of the group.
6. Look for a temporary sponsor who will help you get started on the steps. Find an AA member of the same sex who has some time, a working knowledge of the 12 steps and has the sobriety you want.
7. Avoid slippery places and people. If you must go, have a way to leave early or take another member. If tempted, think the drink all the way through. Is one drink really going to be enough? Has it ever?
8. Remember HALT. Don't get hungry, angry, lonely or tired.
9. Stick with the winners— the people who are staying sober by doing service and practicing the program.
10. Ask your Higher Power for help.

### Third Step Prayer

“God, I offer myself to Thee—to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of life. May I do Thy will always!”  
— *Alcoholics Anonymous, p 63*

### Seventh Step Prayer

“My Creator, I am now willing that You should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen.”  
— *Alcoholics Anonymous, p 76*

### Eleven Step Prayer

“Lord, make me a channel of Thy peace—that where there is hatred, I may bring love—that where there is wrong, I may bring the spirit of forgiveness—that where there is discord, I may bring harmony—that where there is error, I may bring truth—that where there is doubt, I may bring faith—that where there is despair, I may bring hope—that where there are shadows, I may bring light—that where there is sadness, I may bring joy. Lord, grant that I may seek rather to comfort than to be comforted—to understand, than to be understood—to love, than to be loved. For it is by self-forgetting that one finds. It is by forgiving that one is forgiven. It is by dying that one awakens to Eternal Life. Amen.

— *Twelve Steps and Twelve Traditions, p 99*

### NORTHERN CALIFORNIA AA SERVICE CENTERS

<b>Contra Costa County Service Center</b>	<b>(925) 939-4155</b>
Eureka-Humboldt/Del Norte Central Office	(707) 442-0711
Fresno Central Office	(559) 221-6907
Lake County Central Office	(707) 995-3316
Monterey Bay Area Intergroup	(831) 373-3713
Napa County Intergroup	(707) 255-4900
East Bay Intrgrp (W Alameda & Contra Costa)	(510) 839-8900
Sacramento Central Office	(916) 454-1100
Salinas Valley Central Office	(831) 424-9874
<b>San Francisco and Marin</b>	<b>(415) 674-1821</b>
San Mateo County Central Office	(650) 577-1310
Santa Clara County Central Office	(408) 374-8511
Santa Cruz County/Soquel	(831) 475-5782
Solano County North Central Office	(707) 446-2244
Solano County South Central Office	(707) 745-8822
Sonoma County Intergroup	(707) 546-2066
Stockton Delta Intergroup	(209) 464-1594
Sonora (answering service) (Tuolumne Cnty)	(209) 533-1134
<b>Valley Service Center (E Alameda County)</b>	<b>(925) 829-0666</b>

Alcoholics Anonymous World Services, Inc.  
A.A. General Service Office Box 459, Grand Central Station  
New York, NY 10163 (212) 870-3400 www.aa.org

These references are listed in the spirit of cooperation; AA is not affiliated with Al-anon, Alateen, Alano Clubs, NA or any other organization.

#### **East Bay Alanon and Alateen Family Groups [www.ncwsa.org](http://www.ncwsa.org)**

Oakland/San Leandro	(510) 276-2270
South Alameda County	(510) 276-2270
Berkeley	(510) 528-4379

#### **Alano Club of Contra Costa (510) 234-7310**

2426 Church Lane, San Pablo

**Narcotics Anonymous [www.naalamedacounty.org](http://www.naalamedacounty.org)**  
Alameda County (510) 444-4673

#### **Alameda County Services**

Highland Hospital (Emergency)	Oakland	(510) 437-4800
Cherry Hill (Detox)	San Leandro	(866) 866-7496
Cronin House (County Treatment)	Hayward	(510) 784-5874
Crisis and Suicide Hotline		(800) 309-2131

## An Alcoholics Anonymous (AA) Group

“Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought AA membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an AA group, provided that, as a group, they have no other affiliation.” — *Tradition Three, Long Form*

“Each group has but one primary purpose – To carry its message to the alcoholic who still suffers.” — *Tradition Five*

Groups are autonomous, except in matters affecting other groups or Alcoholics Anonymous (AA) as a whole. Listing a group in this directory does not constitute or imply East Bay Intergroup's approval or endorsement of that group's approach to recovery or its practice of the traditional AA program.

Note: Anyone interested in AA is welcome at **open** AA meetings. **Closed** meetings (CL) are for members of AA. The only requirement for membership is a desire to stop drinking. All those seeking help with a drinking problem are welcome at closed AA meetings.

### Summary of Fellowship Meetings

(\* indicates specialized format. Please check under main listing)

	Park St. Center		1501 Oak St.			No Phone	
	<u>M</u>	<u>I</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
Alameda	6:30A	6:30A	6:30A	6:30A	6:30A	6:30A	6:30A
	5:30P	5:30P	5:30P	5:30P*	5:30P	8:00A	10:00A
	7:00P*	8:00P*	7:00P*	6:45P*	8:00P*	5:30P*	5:30P
	8:15P*		8:00P*	8:00P*		8:00 *	
	Island Fellowship		1828 Lincoln Ave.			No Phone	
Alameda	<u>M</u>	<u>I</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	12:15P *	12:15P *	12:15P *	12:15P *	12:15P *	12:15P *	10:00A *
	5:30P	5:30P	5:30P	5:30P	5:30P	5:30P	2:30P
			8:00P*	7:00P*	8:00P*		5:30P
	Berkeley Fellowship		2108 McGee St.			No Phone	
Berkeley	<u>M</u>	<u>I</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	7:00A*	6:00 A *	7:00A*	7:00A*	7:00A	7:00A*	9:00A*
	9:30A*	7:00 A *	12:00P *	9:00A*	12:00P *	9:30A	12:00P
	12:00P *	12:00 P *	5:15P	12:00P *	5:15P*	12:00P	4:00P*
	5:15P	5:15 P *	7:00P	4:00P*	7:00P*	4:00P*	5:15P*
	7:00P	7:00 P *		5:15P		5:15P*	7:00P*
			7:00P		7:00P		

## The Serenity Prayer

God grant me the serenity to accept the things I cannot change, the courage to change the things I can, and wisdom to know the difference.

## The Promises

If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly.





		<b>Newark Fellowship</b>		<b>7115 Rich Ave.</b>		<b>(510) 791-9692</b>	
Newark	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	12:00P* 7:00P*	12:00P* 7:00P*	12:00P* 7:00P*	12:00P* 7:00P*	12:00P* 7:00P* 10:00P*	12:00P* 7:00P*	8:00A* 12:00P* 6:00P* 8:00P*
		<b>Central Office</b>		<b>295 27th St.</b>		<b>(510) 839-0709</b>	
Oakland	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	6:30A 8:15A* 12:00P 1:00P 6:00P* 7:30P* 10:00P	6:30A 8:15A* 12:00P 1:00P 6:30P* 8:15P 10:00P	6:30A 8:15A 12:00P * 6:30P* 8:00P 10:00P	6:30A 8:15A 12:00P 6:15P* 8:00P* 10:00P	6:30A 8:15A 12:00P 6:15P* 8:00P* 10:00P 12:00A	6:30A 8:15A 12:00P 6:15P* 8:00P 10:00P * 12:00A	6:30A 9:00A* 11:00P* 2:15P* 4:30P* 8:00P* 10:00P* 12:00A
		<b>In-Between Fellowship</b>		<b>4710 International Blvd.</b>		<b>(510) 436-8651</b>	
Oakland	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	9:00A* 1:30P 5:30P* 8:00P*	9:00A 1:30P* 5:30P 7:15P*	9:00A* 12:00P * 1:30P 5:30P* 7:15P	9:00A* 1:30P* 5:30P* 7:15P*	9:00A 1:30P 5:30P 7:15P*	9:00A* 1:30P 5:30P* 7:15P*	9:00A* 11:00A* 2:30P* 5:00P* 7:30P*
		<b>Rockridge Fellowship</b>		<b>3989 Howe St @ 40th</b>		<b>No Phone</b>	
Oakland	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	6:15A 7:45A* 9:00A* 10:30A * 12:00P * 3:00P 5:30P*	6:15A 7:45A 9:00A 10:30A * 12:00P * 3:00P 5:30P*	6:15A* 9:00A 10:30A 12:00P * 3:00P 5:30P* 7:00P*	6:15A* 9:00A 10:30A 12:00P * 3:00P* 5:30P* 7:00P*	6:15A 9:00A 10:30A 12:00P * 5:30P 7:30P* 8:00P*	6:15A* 9:00A* 10:30A * 1:00P* 5:30P* 7:00P*	6:15A 9:00A 12:00P 4:00P* 5:30P* 7:30P* 10:00P
		<b>Hayward Fellowship</b>		<b>16250 East 14th St., San Leandro (rear)</b>		<b>(510) 276-9775</b>	
San Leandro	<u>M</u>	<u>T</u>	<u>W</u>	<u>Th</u>	<u>F</u>	<u>S</u>	<u>Su</u>
	8:30A* 12:00P 6:30P 8:00P*	12:00P * 6:30P* 8:00P	8:30A* 12:00P 8:00P*	12:00P 6:30P* 8:00P	8:30A 12:00P 6:30P 8:00P* 12:00A	1:30P* 8:00P	11:00A 3:00P 8:00P*

(\* indicates specialized format. Please check under main listing)

8. Made a list of all persons we had harmed, and became willing to make amends to them all.

9. Made direct amends to such people, wherever possible, except when to do so would injure them or others.

10. Continued to take personal inventory and when we were wrong promptly admitted it.

11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

Many of us exclaimed, "What an order I can't go through with it." Do not be discouraged. No one among us has been able to maintain anything like perfect adherence to these principles. We are not saints. The point is, that we are willing to grow along spiritual lines. The principles we have set down are guides to progress. We claim spiritual progress rather than spiritual perfection.

Our description of the alcoholic, the chapter to the agnostic, and our personal adventures before and after make clear three personal ideas:

- (a) That we were alcoholic and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.
- (c) That God could and would if He were sought.

### A Vision for You

Our book is meant to be suggestive only. We realize we know only a little. God will constantly disclose more to you and to us. Ask Him in your morning meditation what you can do each day for the man who is still sick. The answers will come, if your own house is in order. But obviously you cannot transmit something you haven't got. See to it that your relationship with Him is right, and great events will come to pass for you and countless others. This is the Great Fact for us.

Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the Fellowship of the Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny.

May God bless you and keep you until then.

## How it Works

Rarely have we seen a person fail who has thoroughly followed our path. Those who do not recover are people who will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a manner of living which demands rigorous honesty. Their chances are less than average. There are those too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it- then you are ready to take certain steps.

At some of these we balked. We thought we could find an easier softer way. But we could not. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of have tried to hold on to our old ideas and the result was nil until we let go absolutely.

Remember that we deal with alcohol- cunning, baffling, powerful! Without help it is too much for us. But there is One who has all power- that one is God. May you find Him Now! Half measures availed us nothing. We stood at the turning point. We asked His protection and care with complete abandon.

Here are the steps we took, which are suggested as a program of recovery:

- 1. We admitted we were powerless over alcohol - that our lives had become unmanageable.*
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.*
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.*
- 4. Made a fearless and thorough moral inventory of ourselves.*
- 5. Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs.*
- 6. Were entirely ready to have God remove all these defects of character.*
- 7. Humbly asked Him to remove our shortcomings.*

## **EAST BAY SERVICE COMMITTEE MEETINGS**

<u>COMMITTEE</u>	<u>TIME AND PLACE</u>
General Service District 70	7:30 - 9:00 PM 4th Monday 20080 Redwood Rd, Castro Valley
General Service District 07	7:30 PM 4th Wednesday (3rd Wednesday in Nov. and Dec.) First Christian Church, 29th St and Fairmount St, Oakland
H & I	(7:00 PM Orientation) Starts 7:30 PM 1st Wednesday First Christian Church, 29th St & Fairmount St, Oakland
East Bay Intergroup	8 PM 3rd Wednesday Central Office, 295 27th St, Oakland

## **AFTER GROUP EXPENSES, SUGGESTED DISTRIBUTION OF CONTRIBUTIONS**

- 60% **Eastbay Intergroup, Inc., Central Office**  
295 27th St., Oakland, CA 94612
- 30% **World Service**  
PO Box 459, Grand Central Station; New York, NY 10163
- 5% **Treasurer, CNCA**  
PO Box 884222, San Francisco, CA 94188
- 5% **General Service**  
**District 07 Alameda North**  
PO Box 187, Oakland, CA 94604  
**District 70 Alameda South**  
PO Box 3412, Hayward, CA 94544
- Pink Can - H&I Committee,**  
PO Box 192490, San Francisco, CA 94119

## MONDAY

### ALAMEDA

**Park St Center** 1510 Oak St

6:30 AM  
5:30 PM  
7:00 PM *Serenity Sisters* WM  
8:15 PM *LGBT*

**Island Fellwshp** 1828 Lincoln Ave WC

12:15 PM CL  
5:30 PM

**5:30 PM 3183 Mecartney Rd**

Temple Israel *Harmony* WM

**5:45 PM 2001 Santa Clara Ave**

1st Presb Ch (Rm 139) *Happy Hour* CL

### BERKELEY

**Berkeley Fellwshp** 2108 McGee Ave

7:00 AM *Meditation - Discussion*  
9:30 AM BB  
12:00 PM *Daily Reflections - Meditation*  
5:15 PM  
7:00 PM

**7:00 AM 2151 Vine St**

Friends Mtg Hs *Attitude Adjustment*

**12:00 PM 2151 Vine St**

Friends Mtg Hs *Walnut Square Grp* WC

**12:10 PM Bancroft Wy at Bowditch St**

YWCA *Noonie Tooners Grp* S/S WC

**6:00 PM 941 The Alameda**

Northbrae Com Ch *Drunks-R-Us* SP

**\*6:00 PM 941 The Alameda**

Northbrae Com Ch *Drunks-R-Us*

\*2nd & 4th Monday CC and ASL

**7:15 PM 1823 9th St**

Episc Ch *Lesbian/Gay Mtg* LW

**8:00 PM 941 The Alameda**

Northbrae Com Ch *Northbrae Grp*

### CASTRO VALLEY

**7:30 PM 19179 Center St, at Heyer**

Episc Ch *Grove Wy Grp* S/S WC

**7:30 PM 19179 Center St, at Heyer**

Episc Ch *The Irregulars Grp*

### EL CERRITO

**El Cerrito Fellwshp** 12260 San Pablo

Ave Near Barrett

5:30 AM *Fragrance Free* FF

6:45 AM

9:00 AM *Big Book Study* BB CL

1:00 PM

5:30 PM

8:30 PM S/S CL

### EL SOBRANTE

**El Sobrante Fellwshp**

5161 Sobrante Ave WC

8:30 AM

12:00 PM

5:30 PM

7:30 PM CL LD

### FREMONT

**Fremont Fellwshp**

3833 Peralta #A WC

9:00 AM CL BB

12:00 PM

6:00 PM

8:00 PM CL

**5 Cities Fellwshp** 37320 Mission Blvd

12:00 PM SM CL WC

8:00 PM SM CL WC

**Centerville Fellwshp** 4500 Thornton

6:00 PM WC

7:30 PM WC

**6:30 PM 41885 Blacow Rd**

Irvington Ctr *Men's Stag & Munchies* MN

**7:00 PM 41020 Chapel Wy, at**

Irvington Presb Ch *Men's Stag* MN

**8:00 PM 858 Washington**

Luth Ch *Mission San Jose* WC

**8:00 PM 34050 Paseo Padre Pkwy**

Ch of Christ *Stone Cold Sober* BB

### HAYWARD

**Triangle Fellwshp** 25224 Mission Blvd

WC

6:30 AM *Weekly Readers*

8:30 AM *Survivors* BB

12:00 PM *Hi Noon*

6:15 PM *Happy Hour*

8:00 PM *One Day at a Time* BB

**7:00 PM 1836 B St**

Luth Ch *Women in Sobriety* WM BB

### NEWARK

**Newark Fellwshp** 7115 Rich Ave WC

12:00 PM

7:00 PM SM CL

## THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends upon A.A. unity.
2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.
6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

**GUIA DE REUNIONES (Spanish Speaking Meetings)**

Condados de Alameda y Contra Costa  
(510) 233-6088  
**24 Hour Hot-line**  
**(408) 417-1593 (ESPAÑOL)**

**BERKELEY**

*Unidad Latina* 1118 Dwight Way  
7:00-9:00 PM todos los dias  
12:00-2:00PM sab, dom

**CASTRO VALLEY**

*Castro Valley* 2381 Grove Way Suite C  
8:00-10:00 PM todos los dias  
10:00-Noon sab  
12:00-2:00PM dom  
510-581-1748

**HAYWARD**

*Compartimiento* 22356 Fuller Ave  
7:00-9:00 PM todos los dias  
1:00-3:00 PM sáb  
9:00-11:00 AM dom  
(510) 782-6630

*Regreso a lo Basico* 27287 Patrick Ave  
7:30-9:30 PM lun-vie  
PO Box 3304 Hayward, CA 94540

**EL CERRITO**

*El Cerrito Fellowship* 12260 San Pablo Ave  
7:00-8:00PM mar

**NEWARK**

*No Estamos Solos* 37045 Ash St  
7:00-9:00 PM lun, jue

**OAKLAND**

*Fe y Accion* 1816 International Blvd  
7:30-9:30 PM todos los dias  
(510) 532-8577

*Fruitvale Latino* 2616 Fruitvale Ave  
7:00-9:00 PM todos los dias  
(510) 436-3926

*Lucha por tu Vida* 8871 Intern'tl Blvd  
7:00-9:00 PM todos los dias  
10:00- Noon sab, dom  
(510) 893-3302

*Mexico* 1535 23rd Ave  
12:00-2:00 PM todos los dias  
7:00-9:00 PM todos los dias  
5:00-6:30 PM dom  
(510) 532-8272

*Nuevo Mexico* 1023 Peralta  
7:00-9:00 PM mar, mie  
(510) 893-3302

**RICHMOND**

*Despertar* 1408 MacDonald  
7:30-9:30 PM todos los dias  
10:00 AM-12:00 PM sab

*Tinieblas a la Luz* 159 Harbor Way  
7:30-9:30 PM lun, mie y vie

*Libre Al Fin* 5201 McBryde Ave  
7:30-9:30PM todos los dias

*Volver a lo Fundamental* 929 23rd St  
Noon-2PM todos los dias  
8:00-10:00 PM todos los dias

*Viviendo Libre* 3431 MacDonald #HC  
7:00-9:00PM mar, jue, vie, sab

**SAN LEANDRO**

*22 De Diciembre* 15970 East 14th #6  
5:00-6:30PM lun-vie  
7-9 PM todos los dias  
10-Midnight Sab y Dom  
510-481-2490

**SAN LORENZO**

*Valor y Fortaleza* 329 E. Lewelling  
7:00-9:00 PM todos los dias  
(510)317-7763

**SAN PABLO**

*Solo por Hoy* 2301 Rumrill Blvd  
7:30-9:30 PM mar jue vie sab

*El Milagro* 1876 23rd #3  
7:30-9:30 PM todos los dias  
10:00-Noon dom

**UNION CITY**

*Conocete a ti Mismo* 33519 8th St  
7:00-8:30 PM todos los dias  
7:00-8:30 PM todos los dias

**MONDAY**

**OAKLAND**

**Central Office** 295 27th St WC  
6:30 AM *Wake Up Call* LD  
8:15 AM *Good Morning America* S/S  
12-12:30 *Daily Reflections*  
1:00 PM *Old Timers* CL  
6:00 PM *Beginners* BG CL  
7:30 PM *Taking Certain Steps* SS, LD  
10:00 PM *The Late Show*

**In-Between Fellowship**

**4710 International Blvd WC**  
9:00 AM CL  
1:30 PM  
5:30 PM CL  
8:00 PM *Beginners* BG

**Rockridge Fellowship 3989 Howe/40th**

6:15 AM *Attitude Adjustment*  
7:45 AM *Literature Discussion* LD CL  
9:00 AM *Rockridge Mornings* LD  
10:30 AM *Begin / Literature* BG, LD  
12:00 PM *Beginners at Rockridge* BG  
3:00 PM *Speaker*  
5:30 PM *The Way Out* BB  
7:00 PM *As Bill Sees It*

**12:00 PM 685 14th St, at Castro**

Unitarian Ch *Rap At Noon* WC

**6:00 PM 1300 Grand Ave**

Kehilla Syn *Workenders* ICL S/S WC

**6:30 PM 303 Hudson**

Meth Ch *The Whole Happy Fleet* LD

**7:00 PM 10th and Peralta**

Howard Com Cntr *Adeline Grp* WC

**7:00 PM 1658 Excelsior Ave, at**

**Woodruff Ave** St Paul's Ch *Monday*

*Night Men's Literature Study* MN LD CL

**7:30 PM 303 Hudson, at Manila**

Mthdst Ch *Fellowship of the Spirit* LD CL

**7:30 PM 12540 Skyline, Redwood Rd**

Skyline Comm Ch *Lincoln Sq Grp* CL WC

**8:00 PM 1330 Lakeshore Ave**

*Diamond Link Grp* CL WC

**8:00 PM 3845 Telegraph Ave**

*Chrysalis Women's* WM CL

**8:00 PM 6501 Telegraph Ave**

Neibyl-Proctor Lbry *Tapestry* WM

**8:00 PM 525 29th St**

St. Augustine's *Young Peoples Mtg* YP

**PIEDMONT**

**8:00 PM 5201 Park Blvd**  
Zion Luth Ch *Group Six* CL S/S WC

**SAN LEANDRO**

**Hayward Fellowship**

**16250 E. 14th St. (Rear)**  
8:30 AM *Big Book Study* BB  
12:00 PM  
6:30 PM  
8:00 PM

**6:30 PM 300 Estudillo**

San Leandro Main Library (conf rm B  
upstrs) *Monday Night Grp* WC

**7:00 PM 1801 Manor Blvd**

Hope Luth Ch (rear entrance off Juniper)  
*Women's Book Study* WM BB

**SAN LORENZO**

**10:30 AM 100 Hacienda**  
Lutheran Ch *The Morning Recovery Grp*  
BB WC

**8:00 PM 945 Paseo Grande**

Com Ch *Monday Night* CL (last Mon  
open) WC

**UNION CITY**

**12:00 PM 3555 Whipple Rd**

Kaiser Hosp #C-9 *First Class Unknown*  
*Heroes Living Sober* BB

**TUESDAY**

**ALAMEDA**  
**Park St Center** 1510 Oak St  
 (\*Upstairs)  
 6:30 AM  
 5:30 PM  
 8:00 PM *Tuesday Nighters* CL  
**Island Fellwshp** 1828 Lincoln Ave WC  
 12:15 PM CL  
 5:30 PM  
**1:00 PM** 2001 Santa Clara Ave  
 1st Presb Ch (Parlor) *Women's* WM  
**5:45 PM** 2001 Santa Clara Ave  
 1st Presb Ch (Rm 139) *Happy Hour* CL  
 BB  
**7:00 PM** 1700 Santa Clara Ave  
 Christ Episc Ch *Serenity Grp* CL  
**ALBANY**  
**8:00 PM** 1501 Washington St  
 St Alban's Episc Ch *Traditional* WC  
**BERKELEY**  
**Berkeley Fellwshp** 2108 McGee Ave  
 6:00 AM *Lit Discussion* LD  
 7:00 AM *Living Sober*  
 12:00 PM *Meditation/Discusion*  
 5:15 PM  
 7:00 PM *Atheist & Agnostic*  
**12:00 PM** 2151 Vine St  
 Friends Mtg Hs *Walnut Square* WC  
**12:10 PM** Bancroft Wy, at Bowditch St  
 YWCA *Noonie Tooners* WC  
**6:00 PM** 941 The Alameda  
 Northbrae Com Ch *Drunks-R-Us* BB  
**7:00 PM** 1606 Bonita St  
 Unitarian Ch (up) *Flatland Men's* MN  
**7:00 PM** 1127 Bancroft Ave  
 Children of ChaosYP G/L LD  
**CASTRO VALLEY**  
**6:30 PM** 19179 Center St, at Heyer  
 (in children's portable build)  
 Holy + Epis Ch *Camel Grp* WC  
**8:00 PM** 20080 Redwood Rd WC  
 Faith Luth Ch *Gratitude* CL BC last Tu  
**EL CERRITO**  
**El Cerrito Fellwshp** 12260 San Pablo  
 Near Barrett  
 5:30 AM *Fragrance Free* FF  
 6:45 AM  
 9:00 AM  
 1:00 PM  
 5:30 PM CL S/S  
 7:00 PM *Spanish Speaking*  
 8:30 PM  
**7:00 PM** 780 Ashbury, at Stockton  
 Lady A II CL WM WC

**EL SOBRANTE**  
**El Sobrante Fellwshp**  
 5161 Sobrante Ave WC  
 8:30 AM  
 12:00 PM  
 5:30 PM  
 7:30 PM *Traditions Study* CL LD  
**FREMONT**  
**Fremont Fellwshp**  
 3833 Peralta #A WC  
 9:00 AM  
 12:00 PM  
 6:00 PM CL  
 8:00 PM BC 3rd Tue  
**5 Cities Fellwshp** 37320 Mission Blvd  
 12:00 PM SM CL WC  
 8:00 PM SM CL WC  
**Centerville Fellwshp** 4500 Thornton  
 6:00 PM WC  
 7:30 PM WC  
**8:00 PM** 41020 Chapel Wy, at Irvington  
 Presb Ch *Irvington Grp* CL  
**HAYWARD**  
**Triangle Fellwshp** 25224 Mission Blvd  
 WC  
 6:30 AM *AM Tuesday*  
 8:30 AM *T.G.I. TuesdayS/S*  
 12:00 PM *Daily Reflections*  
 6:15 PM *As Bill Sees It* BB  
 8:00 PM *BYO Book* BB  
**NEWARK**  
**Newark Fellwshp** 7115 Rich Ave WC  
 12:00 PM SM  
 7:00 PM BB S/S

**BIG BOOK**

**SUNDAY**  
 EL CERRITO 7:00 PM  
 EL SOBRANTE 7:30 PM  
 FREMONT 6:00 PM  
 OAKLAND 4:30-6:30 PM  
 5:00 PM  
 8:00 PM  
**MONDAY**  
 BERKELEY 9:30 AM  
 EL CERRITO 9:00 AM  
 FREMONT 9:00 AM  
 6:00 PM  
 8:00 PM  
 8:30 AM  
 7:00 PM  
 8:00 PM  
 OAKLAND 5:30 PM  
 SAN LEANDRO 7:00 PM  
 SAN LORENZO 10:30 AM  
**TUESDAY**  
 ALAMEDA 5:45 PM  
 BERKELEY 6:00 PM  
 EL SOBRANTE 5:30 PM  
 HAYWARD 6:00 PM  
 8:00 PM  
 NEWARK 7:00 PM  
 OAKLAND 6:00 PM  
 7:00 PM  
 POINT RICHMOND 7:00 PM  
 SAN LORENZO 7:30 PM  
**WEDNESDAY**  
 ALAMEDA 8:00 PM  
 FREMONT 12:00 PM  
 6:00 PM  
 HAYWARD 8:30 AM  
 OAKLAND 6:15 AM  
 12:00 PM  
 12:10 PM  
 6:00 PM  
 6:15 PM  
 8:30 PM  
**THURSDAY**  
 ALAMEDA 5:30 PM  
 BERKELEY 8:00 PM  
 5:15 PM  
 FREMONT 6:00 PM  
 HAYWARD 8:30 AM  
 12:00 PM  
**FRIDAY**  
 BERKELEY 12:10 PM  
 6:30 PM  
 8:00 PM  
**SATURDAY**  
 CASTRO VALLEY 9:00 AM  
 EL CERRITO 7:00 PM  
 HAYWARD 6:30 AM  
 OAKLAND 9:00 AM  
 10:30 AM  
 6:15 PM  
 8:30 PM  
 SAN LEANDRO 1:30 PM

**GAY/LESBIAN**

**SUNDAY**  
 BERKELEY 7:30 PM  
 EL SOBRANTE 9:00-11:00 AM  
 OAKLAND GM 7:00 PM  
**MONDAY**  
 BERKELEY 7:15 PM  
 ALAMEDA 8:15 PM  
**TUESDAY**  
 BERKELEY YP 7:00 PM  
 OAKLAND 7:00 PM  
 GM 8:30 PM  
**THURSDAY**  
 BERKELEY LW 7:00 PM  
 OAKLAND GM 7:30 PM  
 PINOLE 7:00 PM  
**SATURDAY**  
 OAKLAND 8:00 PM  
 10:30 AM

**MEN'S**

**SUNDAY**  
 BERKELEY 4:00 PM  
 OAKLAND 7:30 PM 7:45 PM

**MONDAY**  
 FREMONT 7:00 PM  
 7:00 PM  
**TUESDAY**  
 BERKELEY 7:00 PM  
 OAKLAND 7:00 PM  
 8:00 PM  
 8:30 PM  
**WEDNESDAY**  
 FREMONT 6:30 PM  
 OAKLAND 8:00 PM (not 3rdWed)  
 SAN LEANDRO 7:00 PM  
**THURSDAY**  
 ALAMEDA 6:30 PM  
 BERKELEY 8:15 PM  
 EL CERRITO 7:00 PM  
 FREMONT 7:00 PM  
 HAYWARD 7:30 PM  
 OAKLAND 7:00 PM  
 SAN LEANDRO 7:00 PM  
**FRIDAY**  
 OAKLAND 1:00 PM  
 SAN PABLO 7:00 PM  
**SATURDAY**  
 OAKLAND 10:30 AM

**STEP STUDY**

**SUNDAY**  
 ALAMEDA 5:45 PM  
 BERKELEY 9:30 AM  
 7:00 PM  
 7:30 PM  
 EL SOBRANTE 8:30 AM  
 HAYWARD 7:00 PM  
 7:30 PM  
 OAKLAND 9:00 AM  
 9:00 AM  
 5:30 PM  
**MONDAY**  
 BERKELEY 12:10 PM  
 CASTRO VALLEY 7:30 PM  
 EL CERRITO 8:30 PM  
 OAKLAND 8:15 AM  
 6:00 PM  
 PIEDMONT 8:00 PM  
**TUESDAY**  
 EL CERRITO 5:30 PM  
 HAYWARD 8:30 AM  
 NEWARK 6:30 AM  
 7:00 PM  
 7:30 PM  
 OAKLAND 7:30 PM  
 SAN LEANDRO 7:15 PM  
**WEDNESDAY**  
 BERKELEY 7:00 AM  
 5:45 PM  
 6:00 PM  
 EL CERRITO 9:00 AM  
 OAKLAND 12:00 PM  
 12:00 PM  
 6:00 PM  
 SAN LEANDRO 8:00 PM  
**THURSDAY**  
 EL SOBRANTE 7:30 PM  
 FREMONT 7:00 PM  
 OAKLAND 6:15 AM  
 8:00 PM  
 SAN LEANDRO 6:30 PM  
 7:00 PM  
**FRIDAY**  
 BERKELEY 5:15 PM  
 EL CERRITO 6:45 AM  
 FREMONT 7:30 PM  
 8:00 PM  
 OAKLAND 12:00 PM  
 12:10 PM  
 SAN LORENZO 10:30 AM  
**SATURDAY**  
 ALAMEDA 10:30 AM  
 5:30 PM  
 HAYWARD 6:15 PM  
 OAKLAND 3:00 PM  
 SAN PABLO 9:00 AM

**WOMEN'S**

**SUNDAY**  
 EL SOBRANTE 10:00 AM  
 FREMONT 9:00 AM  
 HAYWARD 2:00 PM  
 OAKLAND 2:30 PM  
 4:30 PM  
**MONDAY**  
 ALAMEDA 7:00 PM  
 HAYWARD 7:00 PM  
 OAKLAND 8:00 PM  
 8:00 PM  
 SAN LEANDRO 7:00 PM  
**TUESDAY**  
 ALAMEDA 1:00 PM  
 EL CERRITO 7:00 PM  
 OAKLAND 6:15 PM  
 7:30 PM  
 SAN LEANDRO 7:15 PM  
**WEDNESDAY**  
 ALAMEDA 6:00 PM  
 BERKELEY 5:45 PM  
 EL CERRITO 7:00 PM  
 FREMONT 7:30 PM  
 OAKLAND 6:00 PM  
**THURSDAY**  
 ALAMEDA 7:00 PM  
 8:00 PM  
 BERKELEY 7:00 PM  
 OAKLAND 6:15 PM  
 7:00 PM  
 7:45 PM  
 SAN LEANDRO 7:00 PM  
**FRIDAY**  
 FREMONT 6:00 PM  
 SAN LEANDRO 6:30 PM  
**SATURDAY**  
 BERKELEY 4:00 PM  
 EL CERRITO 10:45 AM  
 SAN PABLO 9:00 AM

**YOUNG PEOPLE**

**MONDAY**  
 OAKLAND 8:00 PM  
**WEDNESDAY**  
 BERKELEY 8:00 PM  
**THURSDAY**  
 BERKELEY 8:15 PM  
**FRIDAY**  
 BERKELEY 8:00 PM  
**SATURDAY**  
 SAN LEANDRO 6:00 PM  
**SUNDAY**  
 ALAMEDA 8:00 PM  
 BERKELEY 12:00 PM

**TUESDAY**

**OAKLAND**  
**Central Office 295 27th St WC**  
 6:30 AM *Wake Up Call* LD  
 8:15 AM *Good Morning America*  
 12:00 PM *Serenity Central At Noon*  
 6:30 PM *Tuesday Night AA* ASL  
 8:15 PM *Freaks, Geeks & Friends*  
 10:00 PM *Late Show*  
**In-Between Fellowship**  
**4710 International Blvd WC**  
 9:00 AM  
 1:30 PM CL  
 5:30 PM  
 7:15 PM CL  
**Rockridge Fellowship 3989 Howe/40th**  
 6:15 AM *Attitude Adjustment*  
 7:45 AM *Acceptance*  
 9:00 AM *Rockridge Mornings*  
 10:30 AM *Cross Talk*  
 12:00 PM *Rockridge Noon Grapevine*  
 3:00 PM *Literature* LD  
 5:30 PM *Sprtl Kndrgrtn* MED  
 7:00 PM *(no 1st Tues) Lit Disc* LD  
**12:00 PM 685 14th St at Castro**  
 Unitarian Ch *Rap At Noon*  
**12:10 - 12:50 PM 200 Grand Ave**  
 Veterans Memorial Bldg Hall 3  
*Sweet and Condensed* WC  
**6:00 PM 5951 College Ave**  
 Presby Ch *Sober 51/50s #1*  
*Dual Diagonsis Welcome* CL WC  
**6:15 PM Harrison & 27th (Rear)**  
*1st Congo Ch Girls Nite Out* WM WC  
**7:00 PM 1330 Lakeshore Ave**  
 Mthdst Ch *Just The Book* CL BB  
**7:00 PM 1658 Excelsior Ave, at Woodruff Ave**  
 St Paul's Ch *Lavender Hill Gay, Beginners* WC G/L  
**7:00 PM 10205 MacArthur Blvd**  
*The Imani Grp?* 1st and 3rd Tue only  
**7:30 PM 1658 Excelsior, at Woodruff**  
 St Paul's Ch *Satin Dolls* WM WC  
 Last Tu S/S BC  
**8:00 PM 2735 MacArthur, at Coolidge**  
*Men's Single Topic* MN CL  
**8:15 PM 303 Hudson, at Manila**  
 Mthdst Ch *Nursery #1* MN CL  
**8:30 PM 1330 Lakeshore Ave**  
 Mthdst Ch *Gay Men's Stag* GM  
**PIEDMONT**  
**8:00 PM 5201 Park Blvd**  
 Zion Luth Ch *East Bay Grp* CL WC

**SAN LEANDRO**  
**Hayward Fellowship**  
**16250 E. 14th St. (Rear)**  
 12:00 PM *Daily Reflections*  
 6:30 PM *Living Sober*  
 8:00 PM  
**7:15 PM 1600 Bancroft WC**  
 Mthdst Ch *Sisters in the Solution* WM S/S  
**SAN LORENZO**  
**10:30 AM 100 Hacienda**  
 Lutheran Ch *The Morning Recovery Grp* WC  
**7:30 PM 100 Hacienda**  
 Lutheran Ch *Fireside Grp* BB  
**SAN PABLO**  
**7:00 PM 2426 Church Lane**  
 San Pablo Alano LD  
**UNION CITY**  
**12:00 PM 3555 Whipple Rd**  
 Kaiser C-6A *First Class Unknown*  
*Heroes Living Sober* LD  
 WC  
**7:00 PM 510-468-1036**  
 Please Call *First Responders In AA*

**WEDNESDAY**

**ALAMEDA**

**Park St Center** 1510 Oak St  
(\*Upstairs)

6:30 AM  
5:30 PM  
7:00 PM *Beginners Mtg\** BG  
8:00 PM *Candlelight* CL CN

**Island Fellwshp 1828 Lincoln Ave WC**  
7:30 AM *Living Sober* LD  
12:15 PM CL

5:30 PM  
8:00 PM *Big Book Study* B  
**5:45 PM 2001 Santa Clara Ave**  
1st Presb Ch (Rm 139) *Happy Hour* CL  
**6:00 PM 1910 Santa Clara Ave**  
Luth Ch *Women's Serenity* WM

**BERKELEY**

**Berkeley Fellwshp 2108 McGee Ave**  
7:00 AM *Steps and Traditions* S/S  
12:00 PM *Meditation/Discussion*  
5:15 PM  
7:00 PM

**12:00 PM 2151 Vine St**  
Friends Mtg Hs *Walnut Square* WC  
**12:10 PM Bancroft Wy, at Bowditch St**  
YWCA *Noonie Tooners* WC  
**5:45 PM 1744 University Ave**  
Luth Ch Rm 210 (upstrs) *Step Sisters*  
WM S/S

**6:00 PM 941 The Alameda**  
Northbrae Com Ch *Drunks-R-Us* S/S  
**8:00 PM 1744 University Ave**  
*Wild Bunch* YP Birthdays last Wed

**CASTRO VALLEY**

**7:00 PM 20103 Lake Chabot Rd**  
Eden Hosp, Cstro Villy Rm *Reflections*  
*Grp* WC

**7:30 PM 19179 Center St, at Heyer**  
Episc Ch *They Stopped in Time* WC

**EL CERRITO**

**El Cerrito Fellwshp 12260 San Pablo Ave**

**Near Barrett**

5:30 AM *Fragrance Free* FF  
6:45 AM  
9:00 AM *Step Study* CL S/S  
1:00 PM CL  
5:30 PM  
7:00 PM *Women's Mtg* WM CL  
8:30 PM CL

**EL SOBRANTE**

**El Sobrante Fellwshp**  
5161 Sobrante Ave WC

8:30 AM  
12:00 PM  
5:30 PM  
7:30 PM CL LD

**FREMONT**

**Fremont Fellwshp**  
3833 Peralta #A WC

9:00 AM  
12:00 PM BB CL  
6:00 PM  
8:00 PM *Young and Free* YP

**5 Cities Fellwshp 37320 Mission Blvd**  
12:00 PM SM CL WC  
8:00 PM SM CL WC

**Centerville Fellwshp 4500 Thornton**  
7:30 PM 2nd Wed Bday WC

**6:30 PM 40155 Blacow Rd**  
Room A *Fremont Men's Grp* MN WC

**7:30 PM 4181 Irvington Ave.**  
Irvngtn Pres Ch *Women's Freedom Fndr*  
WM CL (4th Wed @ 8PM S/S)

**HAYWARD**

**Triangle Fellwshp 25224 Mission Blvd**

6:30 AM *Morning Glory* WC  
8:30 AM *Came to Believe* BB WC  
Birthdays last Wed

12:00 PM *Nooners*  
6:15 PM *Happy Hour*  
8:00 PM *Any Length* CN

**7:00 PM 22280 Main St**  
*Lifehouse Recovery* LD

**NEWARK**

**Newark Fellwshp 7115 Rich Ave WC**

12:00 PM  
7:00 PM SM

**SUNDAY**

**OAKLAND**

**Central Office 295 27th St WC**

6:30 AM *Wake Up Call* LD  
9:00 AM *Step Discussion* FF CF S/S  
11:00 AM *Center City* CL  
2:15 PM *11th Step Spk/Dis* CL  
4:30 - 6:30 PM *As It Is A workshop* BB  
8:00 PM *BB Study* BB CL  
10:10 PM *Sinking Ship-(crosstalk)* CL

**In-Between Fellwshp**  
4710 International Blvd WC

9:00 AM *Step Study* S/S  
11:00 AM *Old Timers* CL  
2:30 PM *Women's* WM  
5:00 PM *Big Book Study* BB  
7:30 PM *Men's* MN

**Rockridge Fellwshp 3989 Howe/40th**

6:15 AM *Attitude Adjustment*  
9:00 AM *Discussion*  
12:00 PM *Hi Noon*  
4:00 PM *Service & Spirituality* LD  
5:30 PM *Step Study* S/S  
7:30 PM *11th Step Meditation*  
10:00 PM *Rockridge Late Show*

**9:30 AM 3100 Summit**

Summit Hosp Providence Pavillion 5th Floor (Board Rm) *Serenity Now* WC  
**10:00 AM Tilden Park at Steam Trains**  
*Breath of Fresh Air*

**11:00 AM 280 W MacArthur at Howe**  
Kaiser Hsp (1200 C) *Room w/View* WC

**2:00 PM 532 International**  
Intertribal Friendship Hse *4 Directions AA*

**5:00 PM 4101 Park Blvd**  
Presbyterian Ch (gym)

*Montclair Weekenders* CL  
**5:30 PM 400 Alcatraz Ave**

St. Augustine's Ch (Colby entrance)  
*Safe Haven* LD

**5:30 PM 5951 College Ave**  
*A Vision for You* CL

**6:00 PM 1744 University**  
Luth Church (upstrs) *Fellowship Spirit* LD

**7:00 PM 1330 Lakeshore Blvd.**  
Methodist Ch *What We Are Like Now*  
MN GM CL

**8:00 PM 171 Ridgeway @ Howe**  
St. Leo's Hall (Bsmt) *Howe It Works*

**Hayward Fellwshp**  
16250 E. 14th St. (Rear)

11:00 AM  
3:00 PM  
8:00 PM CN

**5:00 PM 451 Davis St (at Clarke)**  
St Leander Sch (dnstrs) *Meditation*

**7:00 PM 451 Davis St (at Clarke)**  
St Leander Sch (dnstrs) *Fresh Start Grp*

**7:30 PM 911 Dowling Blvd**  
All Saints Ch *The Broadmoor Grp* LD

**SAN PABLO**

**9:00 AM 2426 Church Lane**  
San Pablo Alano *Reading Rnbow* LD G/L

**UNION CITY**

**8:00 AM 30163 Industrial Pky**  
**Denny's (Backroom) B.Y.O.B.** WC

**SAN LEANDRO**

**SUNDAY**

**ALAMEDA**

**Park St Center** 1510 Oak St  
 6:30 AM  
 10:00 AM  
 5:30 PM  
**Island Fellowship** 1828 Lincoln WC  
 10:00 AM CL  
 2:30 PM *Sunday Serenity*  
 5:30 PM

**Shoreline @ Park**

*Beach Mtg* (See white flag) 6/19 - 8/31  
**5:45 PM** 2001 Santa Clara Ave  
 1st Presb Ch (Rm 139) *Happy Hour*  
 S/S CL

**8:00 PM** 1910 Santa Clara Ave  
 Luth Ch (upstrs) *Sunday Nighters* CL

**BERKELEY**

**Berkeley Fellowship** 2108 McGee Ave  
 9:30 AM S/S  
 12:00 PM  
 4:00 PM *Men's Meeting* MN  
 5:15 PM *Came to Believe*  
 7:00 PM S/S

**12:00 PM** 1299 Shattuck Ave  
 Live Oak Pk *Funday (outd'rs)* YP LD X-T

**7:30 PM** 2700 Dwight Way

Newman Hall *LGBT S/S* G/L S/S WC  
**8:00 PM** 1606 Bonita St  
 Unitarian Ch *Candlelight* CN

**CASTRO VALLEY**

**8:15 AM** Lake Chabot Regional Park  
 (near snack bar) *Serenity by the Lake* WC  
**7:00 PM** 4000 E Castro Valley Blvd  
 Transf Ch *Sunday Night Grp* WC

**EL CERRITO**

**El Cerrito Fellowship**  
 12260 San Pablo Ave Near Barrett  
 5:30 AM *Fragrance Free* FF  
 6:45 AM  
 9:00 AM  
 10:30 AM *The Godless Heathens*  
 12:00 PM CL  
 2:00-3:15 PM *Emotional Sobriety*  
 dual diagnosis welcome CL  
 5:30 PM  
 7:00 PM CL BB  
 8:30 PM

**EL SOBRANTE**

**El Sobrante Fellowship**  
 5161 Sobrante Ave WC  
 8:30 AM  
 10:00 AM *Women's Mtg* WM  
 12:00 PM  
 5:30 PM  
 7:30 PM CL BB

**FREMONT**

**Fremont Fellowship**  
 3833 Peralta #A WC  
 9:00 AM *Women's Daily Rflctns* WM LD  
 10:30 AM  
 12:00 PM *Beginners* BG  
 2:00 PM  
 6:00 PM BB  
 8:00 PM CN

**5 Cities Fellowship** 37320 Mission Blvd

12:00 PM SM WC  
 8:00 PM SM WC  
**Centerville Fellowship** 4500 Thornton  
 7:00 PM CL WC

**HAYWARD**

**Triangle Fellowship** 25224 Mission Blvd  
 WC  
 6:30 AM *Early Morning*  
 8:30 AM *Reflections*  
 10:30 AM *Gratitude*  
 2:00 PM *Women w/ Joy* WM  
 6:15 PM *Gratitude*  
 8:00 PM *Serenity*

**9:00 AM** 27400 Hesperian Blvd  
 Kaiser Hosp Conf Rm 1 *Joy Grp* WC

**KENSINGTON**

**8:00 PM** 52 Arlington Ave. (upstairs)  
 Kensgtn Church *Kensington Fllshp* LD

**NEWARK**

**Newark Fellowship** 7115 Rich Ave WC  
 12:00 PM SM  
 7:00 PM SM  
**7:00 AM** 40155 Blacow Rd #A  
*Good News Grp* BC 1st Sun

**WEDNESDAY**

**OAKLAND**

**Central Office** 295 27th St WC  
 6:30 AM *Wake Up Call* LD  
 8:15 AM *Good Morning America*  
 12:00 PM *Serenity Central at Noon* BB  
 6:15 PM *Big Book Study* BB  
 \*8:00 PM *Freedom from Bondage*  
 10:00 PM *The Late Show*  
 \*Except 3rd Wednesday

**In-Between Fellowship**

4710 International Blvd WC  
 9:00 AM CL  
 12:00 PM MED  
 1:30 PM  
 5:30 PM S/S  
 7:15 PM

**Rockridge Fellowship** 3989 Howe/40th

6:15 AM *Attitude Adjustment* BB  
 9:00 AM *Rockridge Mornings*  
 10:30 AM *Discussion*  
 12:00 PM *Step a Month* S/S  
 3:00 PM *Living Sober*  
 5:30 PM *Towards Emotional Sobriety*  
 7:00 PM *Double Digit*  
 8:30 PM *In the Book* BB

**12:00 PM** 685 14th St, at Castro  
 Unitarian Ch *Rap At Noon* S/S

**12:10-12:50 PM** 200 Grand Ave  
 Veterans Memorial Bldg, Hall 3 *Big Book & Bag Lunch* BB WC

**6:00 PM** 1300 Grand Ave  
 Kehilla Syn *Workenders II* WC

**6:00 PM** 5951 College Ave  
 Pres Ch *Wmen's Bk Stdy* WM CL BB S/S

**7:00 PM** 3354 San Pablo Ave  
 Bapt Ch *Lighthouse Grp* ?

**7:15 PM** 1300 Grand Ave  
 Kehilla Comm Syn *Godless Heathens* WC

**7:30 PM** 2501 Harrison  
 1st Congo *Relationships in Sobriety* G/L

**8:00 PM** 1701 Gouldin Rd  
 St Johns Eps Ch *Montclair Grp* CL WC

**8:00 PM** 1188 12th St in rear  
 Taylor Mem Ch *The Upper Room* WC

**RICHMOND**

**5:30 PM** 900 Hoffman Blvd  
*Fresh Start*

**8:30 PM** 37th and Roosevelt  
 Holy Trinity Ch

**SAN LEANDRO**

**Hayward Fellowship**  
 16250 E. 14th St. (Rear)  
 8:30 AM *Living Sober* LD  
 12:00 PM  
 8:00 PM S/S

**7:00 PM** 162nd & Mateo  
 Grace Baptist *The Answer Grp* MN

**8:00 PM** 451 Davis St, at Clarke  
 St Leander Sch (dnstrs) *Wednesday Nite*  
 CL WC

**SAN LORENZO**

**10:30 AM** 100 Hacienda  
 Lutheran Ch *The Morning Recovery Grp*

WC

**SAN PABLO**

**4:00 PM** 2426 Church Lane  
 San Pablo Alano LD

**THURSDAY**

**ALAMEDA**

**Park St Center** 1510 Oak St  
(\*Upstairs)

6:30 AM  
5:30 PM BB  
6:45 PM *Mens Stag\** MN  
8:00 PM BB

**Island Fellowship** 1828 Lincoln Ave WC  
12:15 PM CL

5:30 PM  
7:00 PM *Women's* (except 1st Thurs)

**5:45 PM** 2001 Santa Clara Ave

1st Presb Ch (Rm 139) *Happy Hour* CL

**7:00 PM** 3100 Central, at Fountain

Alameda Bapt Ch (enter from Fountain)  
*Morton Group* CL

**BERKELEY**

**Berkeley Fellowship** 2108 McGee Ave

6:00 AM *Lit Discussion* LD  
7:00 AM BB  
9:00 AM *Emotional Sobriety* LD  
12:00 PM *Meditation/Discusion*  
4:00 PM *Artists & Writers*  
5:15 PM BB  
7:00 PM BG (BC last Thu)

**12:00 PM** 2151 Vine St

Friends Mtg Hs *Walnut Sq* MED SS

**12:00 PM** 1606 Bonita (upstr)

Unitarian Ch *Cedar St Grp* S/S Meditate

**12:10 PM** Bancroft Wy, at Bowditch St

YWCA *Noonie Tooners* WC

**6:00 PM** 941 The Alameda

Northbrae Com Ch *Drunks-R-Us*

**7:00 PM** 2401 LeConte

Student Ctr #5 *Thurs Nite Lesbian* LW WC

**8:15 PM** 941 The Alameda

Northbrae Com Ch *101 Stag* MN CL

**8:15 PM** 2330 Durant

Durant House *College Bay Grp* YP CL

**CASTRO VALLEY**

**6:30 PM** (except 5th Th) 19179 Center St (at Heyer) Holy Cross Episc Ch

*Back to Basics* BG WC

**8:15 PM** 3433 Somerset (rear)

*Serenity Group* CL

**EL CERRITO**

**El Cerrito Fellowship** 12260 San Pablo Near Barrett

5:30 AM *Fragrance Free* FF  
6:45 AM  
9:00 AM  
1:00 PM

5:30 PM

8:30 PM

**EL SOBRANTE**

**El Sobrante Fellowship**

5161 Sobrante Ave WC

8:30 AM

12:00 PM

5:30 PM

7:30 PM CL S/S

**FREMONT**

**Fremont Fellowship**

3833 Peralta #A WC

9:00 AM

12:00 PM

6:00 PM S/S CL

8:00 PM CL

**5 Cities Fellowship** 37320 Mission Blvd

12:00 PM SM CL WC

8:00 PM SM CL WC

**Centerville Fellowship** 4500 Thornton

6:00 PM BB WC

7:30 PM *Beginners* BG WC

**7:00 PM** 41020 Chapel Wy, at Irvington

Presb Ch *Men's Stag* MN S/S

**HAYWARD**

**Triangle Fellowship** 25224 Mission Blvd WC

6:30 AM *Morning Reflections*

8:30 AM *Just for Today* BB

12:00 PM *Big Book Study* BB

6:15 PM *Beginners* BG

8:00 PM *Sanity*

**7:30 PM** 1836 B St (rear)

*Step By Step Stag* MN

**NEWARK**

**Newark Fellowship** 7115 Rich Ave WC

12:00 PM SM

7:00 PM

**OAKLAND**

**OAKLAND**

**Central Office** 295 27th St

6:30 AM *Wake Up Call* LD  
8:15 AM *Good Morning America*  
12:00 PM *Serenity Central at Noon*  
6:15 PM *A Common Solution* BB  
8:00 PM *Saturday Nite Downtown*  
10:00 PM *Saturday Night Live* CN  
12:00 AM *Late, Late Show* LD

**In-Between Fellowship** 4710 Intl Blvd

9:00 AM CL  
12:00 PM CL  
5:30 PM CN  
7:15 PM CN

**Rockridge Fellowship** 3989 Howe/40th

6:15 AM *Attitude Adjustment* LD  
9:00 AM *Rockridge Sat Morn* CF BB  
10:30 AM *Cross-Talk II* CL  
1:00 PM *In The Solution* CL  
5:30 PM *Road of Happy Destiny* CL  
7:00 PM *Came to Believe* LD

**9:00 AM** 1707 Gouldin Rd, off Thornhill

St John's Ch *Practice Principles* WC

**9:00 AM** 10260 MacArthur Blvd

Union Hall *IAM Grp*

**9:00 AM** 3989 Howe/40th

Rckrdg F (Upstairs) *Sober 51/50s #2*

*Dual Diagonis* Welcome CL WC

**10:00 AM** 969 Broadway

Kaiser CDRP *Fresh Start*

**10:30 AM** 1658 Excelsior at Woodruff

St Paul's Ch *LGBT People of Color* G/L

**10:30 AM** 5951 College

Presby Ch *Dr Bob's Nightmare* MN BB

**11:00 AM** 303 Hudson, at Manila

Methodist Ch *Fellowshp of the Spirit*

**6:00 PM** 114 Montecito, at Bay PI

St. Paul's Ch *Lakeside 10th Step* CL X-T

**6:00 PM** 33 Linda St @ Piedmont Ave

Friendship Rm *Peace of Mind* Med S/S

**CL 6:30 PM** 5951 College Ave

Presby Church *Up to My Neck*

**8:00 PM** 400 Alcatraz Ave

St. Augustine's Ch (Colby entrance)

*L.G.B.T.Q.Q.I.* SP G/L

**8:00 PM** 6300 Shattuck

Un Meth Ch *No. Oakland Spkr Mtg* SP

**SATURDAY**

**RICHMOND**

**6:30 PM** 901 Nevin Ave C-3  
Kaiser Bldg C 3rd flr  
*We Think Not* WC

**SAN LEANDRO**

**Hayward Fellowship**  
16250 E. 14th St. (Rear)  
1:30 PM *Big Book* BB  
8:00 PM SP

**6:00 PM** 451 Davis St. (bsmt)  
St. Leanders Sch *Keep It Simple* YP

**8:00 PM** 1600 Bancroft Ave  
Mthdst Ch *2nd Sat Birthday Speaker*  
(second Saturday of month only) SP

**SAN LORENZO**

**10:30 AM** 100 Hacienda  
Lutheran Ch *The Morning Recovery Grp*  
WC

**SAN PABLO**

**9:00 AM** 2426 Church Lane  
*Women's Grp 12&12 Book Study Mtg*  
WM CL S/S WC

**SATURDAY**

**ALAMEDA**

**Park St Center 1510 Oak St**  
 6:30 AM  
 8:00 AM  
 5:30 PM *Step Study S/S* 8:00 PM  
*Meditation*  
**Island Fellowship 1828 Lincoln Ave WC**  
 10:30 AM S/S  
 5:30 PM CL  
 8:00 PM *Last Saturday Birthday*  
*Speaker Mtg* Last Sat of month SP  
**5:45 PM 2001 Santa Clara**  
 1st Presb Ch (Rm 139) *Happy Hour* CL

**BERKELEY**

**Berkeley Fellowship 2108 McGee Ave**  
 7:00 AM *Mediation/Discussion*  
 9:30 AM  
 12:00 PM  
 4:00 PM *Women's* WM  
 5:15 PM *Living Sober*  
 7:00 PM  
**12:00 PM 5951 College Ave**  
 Presby Ch (upstairs) *Fellowship o' Spirit*

**CASTRO VALLEY**

**9:00 AM 20080 Redwood Rd**  
 Faith Luth Ch *BYOBook+ Coffee* BB W/ C

**6:30 PM 20121 Santa Maria Ave**

Unity Church *WINGS* WC

**EL CERRITO**

**El Cerrito Fellowship 12260 San Pablo Near Barrett**

5:30 AM *Fragrance Free* FF  
 6:45 AM  
 9:00 AM  
 10:45 AM *Women's* WM CL  
 1:00 PM  
 5:30 PM  
 7:00 PM *Big Book Study* BB  
 8:30 PM *Spk/Disc* SP BC Lst  
 Sat only

**6:00 PM 780 Ashbury Ave, at Stockton Ave** Luth Ch *Millenium Grp*

**EL SOBRANTE**

**El Sobrante Fellowship**  
**5161 Sobrante Ave WC** 8:30 AM

12:00 PM  
 5:30 PM  
 \*7:30 PM CL LD  
 \*Speaker (SP) last Sat

**FREMONT**

**Fremont Fellowship**  
**3833 Peralta #A WC**  
 9:00 AM 12:00 PM CL  
 6:00 PM  
 8:00 PM SP  
 10:00 PM CN  
**Centerville Fellowship 4500 Thornton**  
 9:00 AM WC  
**5 Cities Fellowship 37320 Mission Blvd**  
 12:00 PM SM WC  
 8:30 PM SM WC  
**Joe's Corner 37713 Niles Blvd.**  
 7:30 PM WC SP

**HAYWARD**

**Triangle Fellowship 25224 Mission Blvd WC**  
 6:30 AM *Early Morning* BB  
 8:30 AM *Early Bird*  
 12:00 PM *Show Up*  
 2:30 PM *Young at Heart*  
 6:15 PM *Surrender* S/S  
 8:00 PM *Saturday Nite Live*  
 Speaker (SP) last Sat  
 10:00 PM

**NEWARK**

**Newark Fellowship 7115 Rich Ave WC**  
 8:00 AM SM  
 12:00 PM SM  
 6:00 PM *Beginners Mtg* SM  
 8:00 PM SM  
 SP BC last Sat nonsmoking  
**7:00 AM 40155 Blacow Rd #A**  
*Good News Grp* BC 1st Sat

**THURSDAY**

**Central Office 295 27th St WC**

6:30 AM *Wake Up Call* LD  
 8:15 AM *Good Morning America*  
 12:00 PM *Serenity Central At Noon*  
 6:15 PM *Sisters in Sobriety*  
 CF WM CL BC last Th  
 8:00 PM *NOW* CL LD  
 10:00 PM *Late Show* LD

**In-Between Fellowship**

**4710 International Blvd WC**

9:00 AM CL  
 1:30 PM CL  
 5:30 PM CL  
 7:15 PM CL

**Rockridge Fellowship 3989 Howe/40th**

6:15 AM *Attitude Adjustment* S/S  
 9:00 AM *Rockridge Mornings*  
 10:30 AM *Live & Let Live*  
 12:00 PM *Rockridge Nooners* FF  
 3:00 PM *Literature* LD  
 5:30 PM *We are Not Saints* BG  
 7:00 PM *Sober Sisters* WM CN BClast Th

**12:00 PM 685 14th St, at Castro**

Unitarian Ch *Rap At Noon*

**12:10 PM-12:50 PM 200 Grand Ave**

Veterans Mem Bldg Hall 3  
*Thirsty Thursdays* WC

**6:00 PM 585 8th St**

*House of Dignity Grp* WC

**6:00 PM 280 W. MacArthur**

Kaiser #1200 *Sober 51/50s #2*  
*Dual Diagonis* Welcome WC CL

**7:00 PM 1203 Willow St, at 12th**

Mt Zion Bapt Ch (dnstrs)  
*Salt of the Earth* ? SP WC

**7:30 PM 3801 Howe St**

Kaiser Fabiola #G65A  
*Interest in Our Fellows* GM BC Lst Thurs

**7:30 PM 3534 Lakeshore Ave**

Lkshr Baptist Ch Barnet Hall (rear)  
*Chips & Cake* (B-day/Dis) Spkr 4th Thur

**7:45 PM 1330 Lakeshore Ave**

Mthdst Ch *Lady AWM* WC

**8:00 PM 7932 Mountain Blvd at Keller St**

Cuthbert's Ch *Podium Part* WC CL

**8:00 PM 1701 Gouldin Rd**

St. John's Ch *Clinton Grp*

**8:15 PM 6401 San Pablo Ave**

St Columba's Ch (rear) *NUTS* S/S

**PIEDMONT**

**8:15 PM 400 Highland, off Moraga** Com  
 Ch (Founders Rm)  
*The Piedmont Grp* CL

**PINOLE**

**7:00 PM 592 Tennent Ave (Rear)**

*We're Here Gay Grp* G/L

**POINT RICHMOND**

**7:00 PM 301 W Richmond Ave**

Cath Ch *The Point Richmond Grp* WC

**RICHMOND**

**6:00 PM 127 Chanslor Ave**

*Revelation Mission* ?

**SAN LEANDRO**

**Hayward Fellowship**

**16250 E. 14th St. (Rear)**

12:00 PM

6:30 PM *12X12* S/S

8:00 PM

**7:00 PM 1395 Bancroft**

San Leandro Comm Church *Women's*

*Heart to Heart* CL WM

**7:00 PM 162nd & Mateo**

Grace Baptist *Men's Book* S/S CL MN

**SAN LORENZO**

**10:30 AM 100 Hacienda**

Lutheran Ch *The Morning Recovery Grp*  
*LD-Living So-*

*ber* WC

**7:30 PM 15661 Washington Ave**

First Christian Ch *Out of Blue* LD WC

**UNION CITY**

**8:00 PM 3555 Whipple Rd**

Kaiser Chem Dep 6a *A New Start* WC

**FRIDAY**

**ALAMEDA**

**Park St Center 1510 Oak St**  
 6:30 AM  
 5:30 PM  
 8:00 PM *Spkr Mtg 2nd Fri Birthdays*  
**Island Fellowship 1828 Lincoln Ave WC**  
 12:15 PM CL  
 5:30 PM  
 8:00 PM *Candle Light* CN  
**5:45 PM 2001 Santa Clara Ave**  
 1st Presb Ch (Rm 139) *Happy Hour* CL

**BERKELEY**

**Berkeley Fellowship 2108 McGee Ave**  
 7:00 AM  
 12:00 PM *3-7-11 Step / Meditation*  
 5:15 PM S/S  
 7:00 PM (SP & BC last Fri)

**12:00 PM 2151 Vine St**  
 Friends Mtg Hs *Walnut Square Grp*  
 BC last Fri CL

**12:10 PM Bancroft Wy, at Bowditch St**  
 YWCA *Noonie Tooners Grp* BB WC

**6:00 PM 941 The Alameda**  
 Northbrae Com Ch *Drunks-R-Us*  
**6:30 PM 2220 Cedar St**  
 All Souls Episc *1st Step Grp* BG BB  
**8:00 PM 2700 Dwight @ College**  
**Newman Hall Open Door Group** YP

**CASTRO VALLEY**

**8:15 PM 20103 Lake Chabot**  
 Eden Hosp Castro Valley Room  
 (basement by cafeteria) *New Hope*

**EL CERRITO**

**El Cerrito Fellowship 12260 San Pablo**  
 Near Barrett

5:30 AM *Fragrance Free* FF  
 6:45 AM *Step Study* S/S CL  
 9:00 AM  
 1:00 PM  
 5:30 PM  
 7:00 PM *Fri Nite Candlelight* CN  
 8:30 PM

**8:00 PM 7200 Schmidt Ln**  
 Trinity Ch *Sanity on Stockton* CL WC

**EL SOBRANTE**

**El Sobrante Fellowship**  
**5161 Sobrante Ave WC** 8:30 AM

12:00 PM  
 5:30 PM  
 8:30 PM CL

**FREMONT**

**Fremont Fellowship**  
**3833 Peralta #A WC**  
 9:00 AM  
 12:00 PM  
 6:00 PM  
 8:00 PM *Steps and Traditions* S/S  
 10:00 PM CN  
**5 Cities Fellowship 37320 Mission Blvd**  
 12:00 PM SM WC  
 8:30 PM SM WC

**Centerville Fellowship 4500 Thornton**  
**WC**  
 6:00 PM *Women's Mtg* WM  
 7:30 PM *Step Study* S/S

**Joe's Corner 37713 Niles Blvd.** 12:00 PM  
 WC

**8:00 PM 41020 Chapel Wy, at Irvington**  
 Presb Ch *Irvington Grp*

**8:00 PM 4673 Thornton Ave,**  
**at Balboa** WC

**HAYWARD**

**Triangle Fellowship 25224 Mission Blvd**  
**WC**  
 6:30 AM *Eye Opener* BC last Fri  
 8:30 AM *Pass It On*  
 12:00 PM *TGI Friday* BC last Fri  
 6:15 PM *Miracle*  
 8:00 PM *Path Finders*  
 10:00 PM

**8:00 PM 21455 Birch, at Grove**  
 Eden Unit Ch *Eden Grp*

**NEWARK**

**Newark Fellowship 7115 Rich Ave WC**  
 12:00 PM SM  
 7:00 PM SM  
 10:00 PM *Candlelight* SM CN

**OAKLAND**

**Central Office 295 27th St WC**  
 6:30 AM *Wake Up Call* LD  
 8:15 AM *Good Morning America*  
 12:00 PM *Serenity Central Noon* S/S  
 6:15 PM *Last Chance*  
 8:30 PM *Friday Nighters* BC first Fri  
 10:00 PM *Late Show*  
 12:00 AM (Midnight) *Last Call*

**In-Between Fellowship**  
**4710 International Blvd WC**

9:00 AM  
 1:30 PM  
 5:30 PM  
 7:15 PM SP

**Rockridge Fellowship 3989 Howe/40th**  
 6:15 AM *Attitude Adjustment*  
 9:00 AM *Rockridge Morning Promises*

10:30 AM  
 12:00 PM *Noon Promises* FF  
 5:30 PM *Simple But Not Easy*  
 7:30 PM (exc. last Fri) *As Bill Sees It*  
 8:00 PM *Final Friday* (last Fri only) SP

**12:00 PM 685 14th St, at Castro**  
 Unitarian Ch *Rap At Noon* BC last Fri

**12:10 PM 200 Grand Ave Hall 3**  
*Finally Friday* S/S

**12:30 PM 969 Broadway**  
 Kaiser Center *Late Lunch Bunch*

**1:00 PM 675 23rd St, San Pablo**  
 Champ Guid Ctr *There is a Solution* MN

**6:00 PM 400 Alcatraz Ave (Colby ent)**  
 St. Augustine Church *Plan B* LD

**6:00 PM 280 W MacArthur Blvd**  
 Kaiser Hsp (#1200) *Back To Basics*

**6:00 PM 27th & Harrison**  
 1st Congo Ch (library) *Workenders III*

**6:30 PM 2735 MacArthur, at Coolidge**  
 Fruitvle Church *Small Grp Step Study* S/S

**8:00 PM 2501 Harrison St, at 27th St** 1st  
 Cong Ch *1st Friday Speaker Meeting* (1st  
 Friday of each month only)

**8:00 PM 2808 Lakeshore Ave**  
 Cath Ch (CrtYrd) *Lake Shore Lushes* WC

**PINOLE**

**8:00 PM 2000 San Pablo Ave**  
 Mthdst Ch *Candlelight* CD

**RICHMOND**

**5:30 PM 900 Hoffman Blvd**  
*Fresh Start*

**6:30 PM 303 41st St**  
 West County Child *Young People*

**FRIDAY**

**SAN LEANDRO**

**Hayward Fellowship 16250 E. 14th St.**  
**(Rear) WC**  
 8:30 AM  
 12:00 PM  
 6:30 PM WM  
 8:00 PM BC last Fri  
 12:00 AM *MidNite Mtg*

**12:00 PM 180 Estudillo, at Harrison**  
 Presb Ch (side dr office) *Triple 12 Grp*

**8:00 PM 1600 Bancroft Ave** (Maud Ave  
 entrance) *Bookworms* WC

**SAN LORENZO**

**10:30 AM 100 Hacienda**  
 Luther Ch *Morning Recovery* SS WC

**7:30 PM 18651 Via Toledo, Hacienda**  
 Lutheran Ch *End of the Bridge* CL WC

**8:00 PM 945 Paseo Grande**  
 Community Ch *Joy of Living* CN WC

**SAN PABLO**

**4:00 PM 2426 Church Lane**  
 San Pablo Alano *Big Book* BB

**7:00 PM 1845 Church Ln**  
 St Paul's Cath Ch *Men's Stag (Emil's Mtg)*  
 MN

**UNION CITY**

**12:00 PM 3555 Whipple Rd**  
 Kaiser Hosp #C-9 *First Class Unknown-  
 Heroes Living Sober*