

Community News

East Bay Intergroup, Inc.

April 2008



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THE SHORT FORM



As the new editor of the *Community News*, April is my first month to talk to you in this space, and I'm keenly aware that I follow in the footsteps of many excellent editors! But with your help, I'll soon get my sea legs on this monthly cruise we take! I'm looking forward to it.

It's my intention to continue the traditions of the *Community News*; from passing along the activities of Intergroup and news of Central Office and our East Bay AA community at large to including personal stories, first-hand history of AA in our area, profiles of our groups, artwork both serious and humorous, and vintage AA wisdom from a variety of sources such as *The Grapevine*, and, quite possibly, **you**.

We are currently offering a one-year subscription to the *Community News* at no cost. We hope that you'll like it so well that at the end of your first year you'll be inspired to keep on subscribing. To start your free year's subscription, call Central Office at 510-839-8900, sign up online at www.eastbayaa.org, or drop by the office and say hello.

We'd love to publish your AA experience, your story of your home group, your report of some recent event in AA, and, not to be overlooked, your letters to the editor! Got a bouquet to throw, or a gripe to vent? Please, email the editor at cnditor@eastbayaa.org, or phone Central Office at 510-839-8900. Remember, it's your newsletter, and you can be a part of it!

I'm very grateful to be here, and I hope I'll be able to be of some service to my beloved AA community.

Here's wishing you a great day; it's all we've got!
Kate G.

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COMMUNITY NEWS

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Please send comments and contributions to:
Editor, Community News, c/o Central Office.

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Submission deadlines for articles, flyers, letters to the editor, announcements, etc.:
May issue: Wednesday, April 9, 2008
June issue: Wednesday, May 14, 2008



Finances continue to do better, we have replaced our deficit and have a small down payment on refilling our prudent reserve. Let's keep it going- deficits are a drag.

(Continued on page 11)

New Products at Central Office

We now have an inexpensive laminator and I have been laminating everything I can get my hands on. Those great Intergroup wallet cards, the Promises, The 24 Hour Program, the Prayers—now laminated only \$.40. And how about "How It Works" or the "Twelve Traditions"- laminated! \$1.25.

We also have **treasurer work sheets**- makes keeping clean records of group money a snap! There are free! Pre-addressed **treasurer envelopes** to all the usual AA addresses are available for \$2.00 for a six-month supply.

We also have brought in **Big Books in eleven languages** other than English so far. These include Armenian, Japanese, Chinese, Korean, Cambodian, Vietnamese, Arabic, German, French, Russian and a full selection of all Spanish Books.

We need **members fluent in other languages** to periodically help carry the message to our non-English speaking members, groups, or friends. If you are qualified and willing, please contact us at 510-839-0709.

Check out our new Community Bulletin Board at Central Office Meeting Room. This board is for member to member messages, sales, travel suggestions, rides, services etc. Please feel free to use it.

We also have a new **Recycle Speaker Tape Library** at the Meeting Room. Come help yourself and donate your unwanted tapes here.

Steve F.

GENERAL SERVICE REPORT

"It is a spiritual axiom that every time we are disturbed, no matter what the cause, there is something wrong *with us*."* This reality seems to be especially obvious to me right now in this District Chair (DCMC) job! I worry about everything getting done right, and then the trusted servants I work with and serve get their jobs done, but not on my timetable, or in the exact way I would do it. So why worry? Well, I guess that is just one of those character defects I still need to work on. Progress, not perfection, and I can truthfully say that I'm not "disturbed" by others as often as I used to be.

At the end of my drinking, I was in a closet by myself, getting drunk listening to sad Neil Sedaka songs on the stereo that I had installed there, and wishing that the world would just go away and leave me alone! I had put the stereo in the closet because I'm such a nice guy; so that my then-wife could go to bed and I could listen to the sad music in private, on headphones. Problem was that I'd get drunk, forget that I was in there to keep quiet, and start singing along with the record. Of course, all she could hear was the howling coming out of the closet, so, inevitably, the closet door would open, and there she'd be one more time, with that disgusted look on her face. When I first heard the phrase in AA "pitiful and incomprehensible demoralization," that's what I thought of.

Now, over 16 years later, I still tend to isolate, and am not crazy about interacting with other people. But service commitments in AA kind of force me to leave my room, so to speak. Even if I don't "feel" like it, I show up. And, wonder of wonders, I "feel" better about myself for having done so.

In fact, my general service experience has been one of slowly coming to "feel" relatively comfortable in an AA business meeting, whereas my first such experience at El Cerrito Fellowship was terrifying. How could the same people who were so "spiritual" in recovery meetings, be so animated, and even hostile, in an AA business meeting? In general service we call it "loving discussion," and it sometimes gets pretty heated. But, we are directed in that setting, just as we are guided in all other aspects of our recovery, by the quest to find God's will. Sometimes that process isn't particularly pretty, and doesn't "feel" good.

The Second Tradition says that God's will is

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*Reprinted from *Twelve Steps and Twelve Traditions*, page 90 with permission of A.A. World Services, Inc.

INTERGROUP MINUTES

I. Opening

The meeting opened with members saying the Serenity Prayer, a member reading the Twelve Traditions, and a welcome to new Intergroup Representatives:

Open Door – Justin, *Lady A* – Cathy, *Single Topic* – Ryan, *Triangle Fellowship* – Laurie, *Good Morning America* – Susan, *Sunday Candlelight Berkeley* – Steve, *Fremont Fellowship* – Phillip, *Sisters in the Solution* – Sandra, *Sunday Step Study* – Vera

II. Minutes of Previous Meeting

Motion made and seconded to accept the minutes of the January 2008 meeting as presented.

III. Announcements

Planning for March 29 Talent Show sponsored by Special Events is ongoing; auditions begin Saturday, March 1 at Central Office. (Gordon)

PICPC is having a training workshop on Saturday, February 23. (Sonia)

Central Office has created a Monthly Treasurer's Work Sheet to help people track donations and payments; there are also packets of pre-addressed envelopes available for a nominal cost. (Steve)

Old keys for the gate at Central Office must be exchanged—there's a new lock. (Steve)

A member has contributed new blinds for the meeting room at Central Office. (Steve)

The deficit that looked daunting a few months ago is now completely erased, thanks to the responsible giving of groups and individuals. The task now is to bring the Prudent Reserve to 100% from its current +/- 60%. (Steve)

Please submit reports for the March meeting to centraloffice@eastbayaa.org by March 12.

IV. Old Business

PICPC Search Committee recommends two candidates for consideration: Paul and Sonia, who qualified briefly at the meeting. A vote will be taken to choose the new PICPC Coordinator at the March Intergroup meeting. (Anthony)

The Hot Line Search Committee is still looking for nominees for Coordinator. Please contact Central Office if you know anyone who would like to be considered. (Bob)

A new *Community News* Editor, Kate G., has started her service. Send lots of stories, announcements, ideas, etc. to cncditor@eastbayaa.org. (Steve)

V. New Business

None

VI. Discussion Topic

"Should people who identify themselves as 'addicts' rather than 'alcoholics' be allowed to share and/or hold service positions at Closed AA meetings?"

(Steve clarified that the discussion was meant to help meetings grapple with what some find a difficult issue, not to come to an agreement or decision or "official" position on the question.)

No, but it's best to take someone aside at the end of a meeting rather than confront them at a public level, unless

they are sharing something really off-topic, like how hard their latest drug bust was. As for a service position, definitely not.

Hearing about drugs other than alcohol might turn off a newcomer who is trying to figure out if s/he belongs in AA.

The secretary of our closed meeting stops people who are sharing about anything other than recovery from alcoholism and reminds them it's a closed meeting.

What about Open meetings? That's why they are open, so people can figure out if they belong in AA.

The PICPC literature explains who can go to a Closed or an Open meeting very clearly.

The Third Tradition doesn't say you have to be an alcoholic to be a member.

People other than drug addicts also go to AA meetings, like people who are members of OA, because they feel like they need a recovery meeting and there may not be one available in their own program.

Each group is autonomous, but "open" means "open" and "closed" means "closed."

Even open meetings should remind people that the meeting is to share about experiences with alcoholism.

The battle's kind of lost already, because people seem to be ignoring the boundaries, but it would be better to keep them strong.

It's divisive to bring up who shares about what as an issue and can generate anxiety and distress; we need to give newcomers a break and treat everyone with kindness and gentleness.

Our foundation is that we are bodily and mentally different from other people in terms of the effect alcohol has on us; it's not that one addiction is the same as any other.

We should be welcoming to everyone and not run by our fear.

Love and tolerance is our code, so that's the spirit in which we should address people.

"Substance abuse" is not an accurate term to describe alcoholism because it does not take into account the factor of denial; when you're a crack addict, you can't pretend it's OK. The recovery industry does not make the distinctions we make, for their own reasons, but we don't need to follow their lead. We should always be nice to new people, and if people keep coming around for a while and still don't want to identify as alcoholic, we should let them know that's who our meetings are able to help.

Topics for the March meeting (please discuss at your home meeting):

Should Central Office develop and maintain a speaker list?

Would purchasing software from Tech Soup (a low-cost distributor to nonprofits that gets its stock through

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INTERGROUP REPORTS

CENTRAL OFFICE REPORT

Steve F. - 510-839-0709

Financial Report

January results are slightly over \$3,000 in the black- a great way to start the year and an amount which eliminated the remaining deficit from last year. Let's keep it up!

New position open

We have two Service Committee positions, PICPC Chairman and the Hot-line Chairman, which will be opening up very shortly, so we should begin to spread the word for prospective candidates.

Community News for Free!

We are looking to increase our readership of the *Community News* and are working to make it a vital means of communicating within the fellowship. Therefore, we are offering free 12 month subscriptions to all new subscribers. Please notify us at centraloffice@eastbayaa.org or call us at 510-839-0709 and tell us where to send your new subscription.

New Perry White on board!

Please welcome our new *Community News* editor, Kate G! All Lois Lanes and Clark Kents can help by contributing material: sharings, reflections, cartoons and anecdotes welcome. Contact her at cneditor@eastbayaa.org

New Products for Sale

Does your group need laminated sheets of "How It Works" or "the Promises"? Now on sale at Central Office for \$1.25 each. Can laminate other sheets, too!

Treasurer's Worksheets

We now have pre-printed worksheets available for group treasurers to help keep the books straight. They're free— just come in and ask!!

SERVICE COMMITTEE REPORTS

Office Coordinator

Bruce F.

No Report

Beginners' Meeting Chair

Bob W

The beginner's meeting is a great commitment. Each of the presenters has expressed satisfaction at being able to be of assistance. The folks who come to the meeting are truly grateful that there's a forum like this.

Our latest team, Michael and Helen, started on February 4. The next group, Ruta and Harry, start on March 31. We've got two people interested in taking the commitment for the term starting in May.

If you can't do the 8-week commitment, come to the meeting. It's at 6 pm on Monday nights. It's a good refresher on the basics of AA; the steps, traditions, service structure, etc. On top of that, I know that it's worthwhile to my sobriety to be reminded of how I felt when I first

came to AA; I don't want to forget how I felt — we neither regret the past nor wish to shut the door on it — I learn from it.

Special Events Chair

Gordon O.

Special Events has had one committee meeting (February 9, 2008) in regards to the upcoming talent show being held March 29, 2008. So far we have filled a few positions and hope to fill the rest on our next committee meeting being held February 23, 2008. We have had many inquiries and hope to have a good turn out and lots of fun.

Booked Special Events are listed below. All events will be held at The First Congregational Church of Oakland, 2501 Harrison, at 27th St.

Event	Date	Time
All Groups Day	Fri., July 4, 2008	10 am-10 pm
Gratitude Night	Tues., November 25, 2008	7 pm-9:30 pm
New Year's Party	Wed., December 31, 2008	8 pm-12:30 am

Telephone Committee

Kenny P. –

Greetings! As I come to the conclusion of my tenure as your Hot Line Coordinator I would like express my sincere gratitude for entrusting me with this most fulfilling and gratifying commitment. Although challenging at times, my duties and tasks were accomplished only through the generous assistance of the Central Office staff and the many great volunteers who fill positions at all hours of the day and night. Your service is essential to keeping the hand of Alcoholics Anonymous available to anyone, anywhere, who reaches out for a help. This just happens to include myself. And for that I am more grateful than you can know.

Thanks to your gratitude in action we currently enjoy a full hot line staff. That's 49 willing volunteers on the diverter schedule alone! You all have my respect and admiration. Long live the AA Hot Line!

PI/CPC Chair:

Jake - 510-912-0493

No Report

ALCOHOLICS ANONYMOUS EAST BAY INTERGROUP FIRST FRIDAY SPEAKER MEETING

APRIL 4, 2008

SPEAKER: SHARON C., SANTA ROSA, CA

HOST GROUP: SUNDAY STEP STUDY, OAKLAND, CA

FELLOWSHIP 7:30 PM MEETING 8:00 PM BIRTHDAY MARBLES
COME AND CELEBRATE YOUR AA BIRTHDAY. GET ONE OF YOUR MARBLES BACK.

**FIRST CONGREGATIONAL CHURCH OF OAKLAND,
2501 HARRISON ST. AT 27TH ST.**

SECOND SATURDAY BIRTHDAY GROUP OF ALCOHOLICS ANONYMOUS

Monthly Birthday/Speaker Meeting 8:00 PM

AA

April 12
May 10
June 14

Mark E.
Philo H
Bill B.

San Leandro, CA
San Francisco, CA
Sunnyvale, CA

Open meeting - Non-smoking - Book and Gift Raffle
Family, Friends, and Quiet Children Welcome

Birthday Chips and Cake to Celebrate All Birthdays During the Month

First United Methodist Church
1600 Bancroft Ave., San Leandro, CA
(on Bancroft between Dolores and Maud)

NEW

Park Street Men's Meeting

Needs your support

Park Street Fellowship 1510 Oak Street Alameda

Every Thursday 6:45 pm (Nothing off Limits)

- Gossip (Page 67) ?2 Steps and 12 Traditions
- Bleeding Deacons and Elder Statesmen (92 Traditions)
- Returning home after rehab. Who wears the trousers anyway?
- You might be the supervisor, but I'm going to call my sponsor.
- Life after divorce ... she looks good!

Seriously, though, fellas

**Come hear the message of recovery and share your
experience strength and hope.**

READER CONTRIBUTIONS

Rummy-Nations

Recently, I re-visited Elisabeth Kübler-Ross' five stages of grief. She abstracted this recurring pattern from her years of working with dying people and their families: denial, anger, bargaining, depression, and finally, acceptance. I was struck that this series was reminiscent of my experience with alcohol.

Certainly first was denial — flatly rejected the approaches of my family and friends that my drinking was a problem. The occasional odd and rebellious behavior or scrape was the natural and normal effect of a fun-loving and irreverent young man.

As these problems mounted, I sought explanations for my bad fortune. I perceived myself as victimized by the authorities in my life: the bosses, policemen and professors; my girlfriends; later my wife; society's invidious pressure; and culture's narrow proscriptions. I responded angrily to my circumstances.

To address my misery, I sought to make deals. I negotiated with those I had disappointed to loosen their expectations. I promised to turn over a new leaf by trying new approaches—self-help books, therapy, exercise, and more. I looked for new jobs, new friends, new proofs of worthiness. I sought to explain myself to others in light of my uniqueness. I sought to explain myself to myself.

And then my thoughts began to sicken me. My ideas and resolutions failed to alter my life. I felt doomed. Dark, sticky depression and self-pity saturated my thinking. I felt at a complete loss as to what might change. Blessedly, this ultimately led to AA and an acquired acceptance of my alcoholism and the true nature of my problem.

I suspect it is not coincidental that my history with alcohol parallels the grieving process. First, although I didn't clearly know it, I was in fact killing myself with alcohol and so, was in the process of a slow suicide. Second, my struggle might be seen as the process preceding the first step—the giving up on drinking and the "death" of my good friend, alcohol. And finally, this progression might be characterized as the inner process of the dying-to-self or, as William James says, the death preceding being "twice born."

Steve F.

The Cats in the Laboratory

When I was in my first year of AA, I was in a hard struggle with myself. I desperately wanted not to drink. And yet, every six weeks or couple of months, I'd find myself in such a state of anxiety that it felt as if I'd disintegrate if that feeling went on thirty seconds more. Needless to say, I'd end up with a drink in one hand and the phone in the other, calling some patient AA friend and saying tearfully, "I did it again ...

I was being taken care of, and I lived through that terrible year. And, I was going to meetings every day, learning that these people were not some odd species of maniac, but in fact my brothers and sisters, and older brothers and sisters at that. I was learning, day by day, the things I needed, first, to survive, which meant not drinking, and second, to live happily and productively. This took a while.

In those first months of sobriety I came across an article in a popular science magazine. It described a study done by some biologists in which they took kittens and brought them up in a very deprived environment. At the end of a year, they moved the cats to a much more comfortable situation. The result? The cats wanted to go back.

The cats wanted to go back.

I'd been to enough meetings so that I recognized that reaction. We all want to stay in familiar circumstances. It is not that, as an alcoholic, I was particularly perverse. Not at all. All people prefer being surrounded by what is familiar. In fact, little kittens choose to stay at home, no matter how bleak, even when they are offered a much better place to live. Even vines want to go on growing in the same direction.

So I saw that it was perfectly natural for me to respond to my life with fear and anxiety; it was familiar. And it was natural for me to respond to fear and anxiety by drinking to dull the feeling; it was familiar.

But, I didn't want to die of alcoholism and I knew I had to stay sober if I wanted to live a tolerable life. That meant I had to make a choice: do the natural thing, and sign up for a terrible slow death, or do the unnatural thing, make a major daily effort, and learn to make health familiar.

One day at a time, gradually, and with the amazing help of my higher power and my fellows in AA, I learned to see the much more comfortable place as home. But, I will always remember the cats in the laboratory, and what they taught me.

Kate G.

A A BIRTHDAYS

Congratulations to the following members, who celebrated their birthdays at the First Friday Speaker Meeting: March 7, 2008

<u>Name</u>	<u>Sober Date</u>	<u>Home Group</u>	<u>City</u>
Marguerite J.	9/5/72	Rockridge Fellowship	Oakland
Michael H.	2/17/87	Morton Group	Alameda
Dixie P.	2/25/88	El Cerrito Fellowship	El Cerrito
Kevin Mc	3/1/88	Safe Haven	Oakland
Steve	3/7/89		
Willie	3/4/90	The Upper Room	Oakland
Barbara S.	3/23/90	Hayward Fellowship	San Leandro
Amy S.B.	2/4/91	Montclair Weekenders	Oakland
Gordon O.	2/7/91	Men's Single Topic	Oakland
Sue K.	3/1/91		
Cathy E.	3/1/91	Back to Basics	Castro Valley
Terry A.	2/10/96	Montclair Weekenders	Oakland
Katie H.	2/27/96	Tuesday Nite AA	Oakland
Ed K.	2/22/98	Interest In Our Fellows	Oakland
Steve R.	2/26/01		
Matt P.	12/20/02	Practice These Principles	Oakland
Neal T.	2/7/03		Danville
Diane A.	3/11/04	Hayward Fellowship	San Leandro
David	3/13/04	Hayward Fellowship	San Leandro
Katherine G.	11/7/04	Noonie Tooners	Berkeley
Harold C.	12/5/04	In-Between Fellowship	Oakland
Ralph	1/7/05		Hayward
S. M.	1/14/05		Oakland
Tracy D.	2/9/05	Rockridge Fellowship	Oakland
Dave A.	2/9/06	Step Discussion	Oakland
Tim H.	2/21/06	Rap At Noon	Oakland
Kevin S.	3/1/06	Attitude Adjustment	Oakland
Gina H.	11/20/06		
Travis H.	1/24/07		
Peter R.	1/25/07		
Nick B.	2/18/07	Attitude Adjustment	Oakland
Joan H.	3/1/07	Drunks R Us	Berkeley
Josh R.	3/6/07	Walnut Square	Berkeley
Brandon M.	5/11/07	Serenity Central at Noon	Oakland
Eric M.	5/30/07		
Joey	6/1/07		
Danny	6/7/07		
Miguel S.	6/11/07		
Justin M.	8/5/07	Answer Group Men'sStag	San Leandro
Darvin R.	8/22/07		
Melinda	8/22/07	Satin Dolls	Oakland
Jay H.	11/12/07		Oakland
Kathy T.	12/17/07	Rockridge Fellowship	Oakland
Evella H.	12/17/07	In-Between Fellowship	Oakland
Pamela L.	12/21/07	Walnut Square	Berkeley
Shirley J.	1/14/08	In-Between Fellowship	Oakland
Valerie N.	1/25/08		

INVITATION TO OUR READERS

We need you! Other readers need you! Send us your stories, funny or tragic; your insights, before or after the fact; why you picked the home group you did; the history of your home group; what staying sober has meant to you; what you can laugh at now, that used to make you weep; how your bowling scores (not to mention your attendance at work) has improved with sobriety; the things you love that used to be invisible to you.

Send us your stories! Let us share them with the rest of our community! Contact us by email to cncditor@eastbayaa.org, or call Central Office at 510-839-8900.

GRATEFUL GIVERS

The Grateful Givers program is a means whereby members of East Bay AA may express their gratitude through contributions. Members contribute once, occasionally or regularly. Members may elect to contribute painlessly through automatic credit card deductions. There is no better way to guarantee that the hand of AA will always be there than through support of the many Twelfth Step services provide by Central Office. We want to give special thanks to the many who contributed throughout the year and to those who saw the need and were especially generous at year's end. We'd also like to encourage you to become a Grateful Giver—call us at Central Office, 510.839.8900, and let us

Intergroup Minutes (Continued from page 4)

donations from for-profit companies) be a violation of our traditions?

VII. Closing

Seventh Tradition basket was passed, and members said the *Responsibility Statement* together.

General Service Report (Continued from page 3)

expressed through an informed Group Conscience, and to reach that informed Group conscience, sometimes people have to speak their piece, and the rest of us need to learn to listen. That's what we're doing this time of the year; gathering informed Group consciences on the topics that will be discussed at this year's General Service Conference. We then pass them on to our Area's Delegate, and she takes them to the Conference in New York City, where decisions for AA as a whole are made. Although individual agenda topics may seem inconsequential, it is the process that we are preserving, so that if, and when, something really important comes up, we have an ultra-inclusive process to deal with it; a process that assures that every member of AA has the opportunity to be heard. So, even if it doesn't feel good, let's do our best to get our Groups' consciences, and deliver them to Sharon B. at the Pre-Conference Assembly in Antioch on April 12-13. Bottom line for me: so far the "feelings" haven't killed me!

So, come join us in general service; its fun, believe it or not! District 07 (Oakland and North) meets at the First Christian Church, 29th and Fairmount in Oakland at 7:30 p.m. on the 4th Wednesday of every month, and District 70 (South of

"Finally, we begin to see that all people, including ourselves, are to some extent emotionally ill as well as frequently wrong, and then we approach true tolerance and see what real love for our fellows actually means. It will become more and more evident as we go forward that it is pointless to become angry, or to get hurt by people who, like us, are suffering from the pains of growing up."*

*Reprinted from *Twelve Steps and Twelve Traditions*, p. 92, with permission of A.A. World Services, Inc.

FROM THE GRAPEVINE**Editorial: The Shape of Things to Come**

In the book *Alcoholics Anonymous* there is a chapter called "A Vision for You." Wandering through it recently, my eye was caught by this startling paragraph written a short five years ago. "Someday we hope that every alcoholic who journeys will find a Fellowship of Alcoholics Anonymous at his destination. To some extent this is already true. Some of us are salesmen and go about. Little clusters of twos and threes and fives of us have sprung up in other communities through contact with our two large centers . . ." Rubbing my eyes I looked again. A lump came into my throat. "Only five years," I thought. "Then but two large centers—little clusters of twos and threes—travelers who hoped one day to find us at every destination." Could it be that only yesterday this was just a hope—those little clusters of twos and threes, those little beacons so anxiously watched as they flickered, but never went out.

And today—hundreds of centers shedding their warm illumination upon the lives of thousands, lighting the dark shoals where the stranded and hopeless lie breaking up—those fingers of light already stretching to our beach heads in other lands.

Now comes another lighted lamp—this little newspaper called "*The Grapevine*." May its rays of hope and experience ever fall upon the current of our A.A. life and one day illumine every dark corner of this alcoholic world.

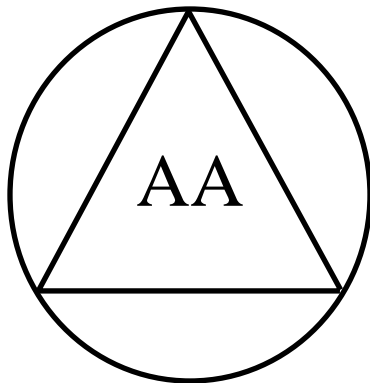
The aspirations of its editors, contributors and readers could well be voiced in the last words of "A Vision for You." "*Abandon yourself to God as you understand God. Admit your faults to Him and your fellows. Clear away the wreckage of your past. Give freely of what you find, and join us. We shall be with you, in the Fellowship of The Spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny. May God bless you and keep you—until then.*"

Bill W

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FINANCIAL REPORT

INCOME	FEB	YEAR
Member Contributions	\$ 953.28	\$ 2,172.95
Group Contributions	11,201.12	21,054.03
Meeting Room	1,343.15	2,370.32
Literature Sales	8,763.99	14,455.38
Directories and Cards	410.72	1,238.18
Birthday Chips and Misc.	390.87	1,110.49
Shipping	0.00	10.53
Gross Income	\$23,063.13	\$42,411.88
EXPENSES	FEB	YEAR
Office Supplies	822.16	1,348.75
Lease Cost	2,440.07	4,880.14
Utilities	454.55	831.84
Building Maintenance	50.00	50.00
Insurance	0.00	669.67
Telephone Committee	1.37	410.13
Community Outreach	1,198.52	2,253.47
Payroll	4,708.97	10,704.44
Special Events	6.68	219.59
Meeting Room	119.78	378.23
Literature	6,057.27	8,349.88
Birthday Chips, Etc.	7.96	199.67
Total expenses	\$ 15,890.53	\$30,319.01
Net Income	\$ 7,165.10	\$12,085.37



Where Money and Spirituality Mix

GROUP CONTRIBUTIONS

<u>GROUP</u>	<u>FEB</u>	<u>TOTAL</u>
ALA Park St. Center	\$ 398.70	\$1,598.40
ALA Women's Serenity	60.00	60.00
BRK Berkeley Fellowship	100.00	437.91
BRK Drunks R Us Grps.	2,163.91	2,163.91
BRK Sun Candlelight	0.00	273.83
BRK Sun Nite GLBT	0.00	229.68
BRK Walnut Square	877.01	877.01
BRK Walnut Square Tuesday	0.00	114.53
CSV Back to Basics	75.00	75.00
CSV Camel Castro Valley Serenity	0.00	67.00
CSV Gratitude Grp	102.29	179.34
CSV Irregulars	123.40	123.40
CSV Serenity by the Lake	63.97	150.48
CSV Serenity Group	44.78	44.78
CSV Sunday Nite	142.33	142.33
ELC Godless Heathens Group	0.00	15.50
ELS El Sobrante Fellowship	75.19	75.19
FMT Five Cities Fellowship	0.00	100.00
FMT Mission San Jose	360.00	360.00
FMT Wed. Nite N/S Stag Group	0.00	70.20
HWD BYOB	100.00	100.00
HWD Road to Recovery	60.00	60.00
HWD Step By Step Mens Stag	135.60	135.60
Intergrp - 3rd Wed	86.75	235.66
Intergrp 1st Fri Spkr Mg	0.00	427.46
NWK Newark Fellowship	0.00	120.00
OAK A Vision for You	0.00	239.68
OAK Adeline Group	0.00	100.26
OAK Breath of Fresh Air	0.00	632.40
OAK Clinton Group	0.00	91.95
OAK Diamond Link	0.00	63.62
OAK Finally Friday Group	0.00	78.45
OAK Good Morning America	169.53	429.53
OAK Howe St., How It Works	253.20	253.20
OAK In-Between Fellowship	120.00	300.00
OAK Lake Shore Lushes	241.57	241.57
OAK Last Chance	0.00	273.60
OAK Men's Single Topic	71.00	528.58
OAK Montclair Group	20.79	40.94
OAK Nursery # 1	0.00	198.00
OAK Old Timers	172.00	172.00
OAK Podium Participation	83.70	173.70
OAK Practice These Princ.	0.00	568.50
OAK Rockridge Fellowship	2,100.00	3,365.00
OAK Safe Haven	112.62	112.62
OAK Serenity Central	0.00	230.00
OAK Sisters in Sobriety	99.61	144.61
OAK Sober 51/50s	65.00	65.00
OAK Sun 9am Step Study	139.73	417.51
OAK The Upper Room	553.18	553.18
OAK Thirsty Thursdays	0.00	154.70
OAK Up to My Neck Group	411.64	411.64
OAK Young People	450.00	450.00
PMT East Bay Grp	224.79	224.79
PMT Group Six	198.97	198.97
PMT Montclair Weekenders	0.00	370.76
PMT Piedmont Group	390.24	390.24
PNL We're Here	0.00	20.35
PTR Tue Pt Richmond BB	0.00	25.00
SLN Book Worms B/B	129.60	129.60
SLN The Answer Grp Men's Stag	0.00	735.38
SLN Wed Night	0.00	90.00
SLZ Fireside Grp	80.00	80.00
SLZ Joy Of Living Grp	120.00	360.00
SLZ Mon Night	0.00	76.47
SLZ Morning Recovery Grp	60.00	60.00
UNC The Unkn Heroes	165.00	165.00
TOTAL	\$11,401.10	\$21,454.03

SPEAKER MEETINGS

1st Friday Speaker Meeting

Monthly, 8:00 PM, First Congregational Church of Oakland, 2501 Harrison St. at 27th St., Oakland

2nd Saturday Birthday Speaker Meeting

Monthly, 8:00 PM, First United Methodist Church 1600 Bancroft Ave., San Leandro

El Cerrito Fellowship

Saturdays, 8:30 PM, birthday chips 2nd and last Saturday, 11157 San Pablo Ave., El Cerrito

El Sobrante Fellowship

Last Saturday of each month, 7:30 PM San Pablo Alano Club, 2426 Church Lane, San Pablo

Fremont Fellowship

Saturdays, 8:00 PM, and Sundays, 10:30 AM 37365 Centralmont Pl., Fremont

Hayward Fellowship

Saturdays, 8:30 PM, 16250 E. 14th St., San Leandro

Island Fellowship, Last Saturday of each month, birthday speaker meeting, 8:00 PM, Island Fellowship, 1828 Lincoln Ave., Alameda

In-Between Fellowship

Fridays, 8:15 PM, 4710 International Blvd., Oakland

Park Street Center

2nd Friday of each month, 8:00 PM, 1510 Oak St., Alameda

Newark Fellowship

Last Saturday of each month, 8:00 PM, birthday cake and chips, 7115 Rich Ave., Newark

Triangle Fellowship

Last Saturday of each month, 8:00 PM, 26663 Mission Blvd., Hayward

SERVICE MEETINGS

Hospitals and Institutions — Area 53

1st Wednesday of each month, 7:30 PM, First Christian Church of Oakland, 29th St. at Fairmount St.

Public Information/Cooperation with the Professional Community (PI/CPC)

3rd Wednesday of each month, 6:00 PM, Central Office, 295 27th Street, Oakland

Intergroup Meeting

3rd Wednesday of each month, 8:00 PM, Central Office, 295 27th Street, Oakland

General Service District 07

4th Wednesday of each month, (3rd Wednesday in Nov and Dec), 7:30 PM, First Christian Church of Oakland, 29th St at Fairmount St.

General Service District 70

4th Monday of each month, 7:30 PM, 20080 Redwood Rd., Castro Valley

INTERGROUP CALENDAR

APRIL 2008

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1st Wednesday

7:30 PM, Hospitals and Institutions (Area 53) First Christian Church of Oakland Fairmount St., at 29th St.

4

1st Friday

8:00 PM, First Friday Speaker Meeting First Congregational Church of Oakland 2501 Harrison St., at 27th St.

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2nd Friday

8:00 PM, Speaker and Birthday Meeting Park St. Center 1510 Oak St., Alameda

12

2nd Saturday

8:00 PM, Birthday Speaker Meeting First United Methodist Church 1600 Bancroft Ave., San Leandro

16

3rd Wednesday

6:00 PM, PI/CPC 8:00 PM, East Bay Intergroup Meeting Central Office 295 27th St, Oakland

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Fourth Monday

7:30 PM, District 70 General Service Meeting 20080 Redwood Rd., Castro Valley

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4th Wednesday

7:30 PM, District 07 General Service Meeting First Christian Church of Oakland Fairmount St. at 29th St

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Last Saturday

8:00 PM, Speaker and Birthday Meeting Island Fellowship 1828 Lincoln Ave., Alameda